

# **Finding aid to the Shanti Project Records, 1983-2006**

**Accession number: 2006-02**

**Gay, Lesbian, Bisexual, Transgender Historical Society  
San Francisco, California**

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August 2007

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Funding for processing this collection was provided by  
The National Historical Publications and Records Commission

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## **Descriptive Summary**

### **Title**

Shanti Project records

### **Accession number**

2006-02

### **Creator**

Shanti Project (San Francisco, Calif.)

### **Extent**

2 Cartons, 1 manuscript box (2.4 Linear Feet)

**Repository** Gay, Lesbian, Bisexual, Transgender Historical Society  
San Francisco, California

### **Abstract**

The records of the Shanti Project document the organizational history and work of an agency dedicated to enhancing the quality of life for people living with HIV/AIDS and other life-threatening or chronic illnesses. There are a wide range of record types in this collection, which focus on the years 1987-2003. The bulk of these include materials related to the board of directors and to training volunteers and other organizations. There are also newsletters; publicity and fundraising materials; cloth artifacts; a scrapbook; audio-visual material; and photographs.

## **Administrative Information**

### **Acquisition**

Donated by Kevin Burns, Executive Director of Shanti, October 2005. Additions by Richard Goldman, March 2023.

### **Access**

Collection is open for research.

### **Publication Rights**

Copyright to unpublished manuscript materials has been transferred to the Gay, Lesbian, Bisexual, Transgender Historical Society.

### **Preferred Citation**

[Identification of item], Shanti Records, 2006-02, The Gay, Lesbian, Bisexual, Transgender Historical Society.

## Organizational History

Dr. Charles Garfield founded the Shanti Project in 1974 to provide emotional support for people with life-threatening illnesses in the San Francisco Bay Area. The name “Shanti” comes from the Sanskrit word for “inner peace” or the “peace that passeth understanding.” The project’s focus on one-to-one peer support provided by trained volunteers became a new standard in the care of the terminally ill. Shanti’s methods gained national attention, and after Garfield gave the keynote speech at a cancer conference in Milan, Italy in 1979, Shanti began an international training effort. Soon nearly 300 organizations around the world were using the Shanti peer support model.

In 1981, when the earliest cases of disease that became known as AIDS first appeared in San Francisco, Shanti added them to their caseload. In 1982, Shanti’s board elected Jim Geary as their Executive Director, and hired its first paid staff. That same year, Shanti provided the first-ever international trainings on AIDS care (in Italy, France and the Netherlands). In 1984, Shanti, recognizing the exponential growth of the AIDS epidemic, changed its mission from serving individuals with any terminal illness to providing services solely for those with AIDS and their loved ones.

Under Geary’s guidance, Shanti quickly became a leader and a key component in San Francisco’s community-based response to AIDS, creating new programs and changing existing ones to match the needs of people with AIDS (PWAs). The goal was to help them lead productive and independent lives out of hospitals and in their communities, and to reduce their healthcare costs. In addition to peer counseling and practical assistance, such as housecleaning, childcare, shopping, cooking and running errands, Shanti services expanded to include providing transportation, offering recreational and social activities and providing caregiver support. Shanti also developed the first non-hospital residential facilities for displaced people with AIDS; by 1988 they had 12 residences housing 47 PWAs.

In October 1988, Geary resigned, following six months of turmoil and amidst allegations of sexual harassment, discrimination and favoritism that resulted in a San Francisco Human Rights Commission investigation of the organization. After a nationwide search, author, teacher and activist Eric Rofes was hired as the new executive director in 1989. This move was viewed as inspiring renewed confidence in the agency. Shanti broadened its focus, opening its first AIDS residence for families with children and beginning a two-year agency-wide Multicultural Plan. In 1990, the first practical support training for the deaf and hard of hearing was held. That same year, in collaboration with the Visiting Nurses Association and Hospice, Shanti opened a home for PWAs who needed 24-hour care. 1991 brought an influx of federal funds from the Ryan White CARE Bill and from the Crossings program. The latter focused on the “historically underserved” residents of the Tenderloin, Mission, and South of Market areas of the city. This program reached out to women, children, people of color, poor, homeless, intravenous and other drug users, transvestites and transgender people.

There was another leadership and public relations crisis in 1993, when an annual review found discrepancies in the use of government funds in Shanti’s housing program. Rofes and deputy director Melinda Paras resigned. Paul Lambros served as interim executive director until August of that year. Doug Holloway and Tim Wolfred assumed direction of day-to-day activities until Gloria Sandoval was appointed Shanti executive director. After being barred for a year from

receiving direct federal funding, Shanti's January 1994 audit showed no misuse of funds and their federal status was reinstated. Shanti's housing program was transferred to another agency, but all other contracts were extended. In 1994, Shanti joined with the AIDS Health Project and the San Francisco AIDS Foundation in a new formal collaboration, streamlining intake and making access to services provided by all three agencies more efficient.

Between 1974 and 1994, its 20<sup>th</sup> anniversary year, Shanti trained over 7,000 volunteers who, cumulatively, provided over 2 million hours of peer counseling and practical assistance to PWAs and people with other terminal diseases. The organization continued to offer new services, including an Activities Program, which included social, recreational and cultural opportunities for men, women, and children with symptomatic HIV in San Francisco. These events provided a space for participants to make friends with others who were dealing with similar issues, to enjoy activities they might not normally be able to afford, and to explore new interests. The Activities Program included free tickets to arts, sports performance and educational events; social events such as parties, picnics, bus trips, classes, outings; a newsletter and a telephone events line.

Sandoval served as Executive Director until 1997. She was succeeded by Bob Rybicki, who served for five years. In 1998, in conjunction with activist Andrea Martin, Shanti established its LifeLines Breast Cancer Program, which offers support, education, services and care to men and women with breast cancer. In early 2003, Hywel Sims joined Shanti as Executive Director; after 18 months in the position, he was succeeded by Kevin Burns. Burns had worked in a variety of capacities for Shanti since 1995 and, prior to joining the staff, he was a peer support volunteer.

As Shanti celebrated its 30<sup>th</sup> anniversary in 2004, one of its main initiatives was to expand its programs to new parts of the country. The agency continues to share its 30-plus years of experience with other organizations nationwide. The Shanti National Training Institute offers training and consultation to agencies trying to implement new, or improve existing, volunteer programs for with clients with life-threatening illnesses. The organization continues to enhance the health and quality of life of people living with HIV/AIDS and breast cancer in San Francisco by offering numerous services. L.I.F.E. (Learning Immune Function Enhancement) Institute offers innovative health services to people living with HIV/AIDS and other chronic illnesses and conducts research on the role of psycho-social issues in disease. HIV/AIDS Services provides for the emotional and practical needs of people living with the disease by linking people living with HIV/AIDS to medical care, substance abuse treatment and volunteer caregivers. Volunteer Services gives people the opportunity to facilitate wellness classes and help Shanti clients.

As of 2007, Shanti employed close to 40 people, managed 200 volunteers and served over 2,000 people per year. It remains committed to providing services for people of all racial, ethnic, sexual orientation and cultural backgrounds affected by HIV and other life-threatening diseases, with sensitivity to preserving the rights and dignity of its clients and the HIV-affected community at large.

This organizational history was largely taken from Finding Aid to the National Task Force on AIDS Prevention, 1986-1994, MSS 94-59 at the University of California, San Francisco, accessed through the Online Archive of California, September 2, 2007.

## **Collection Scope and Content Summary**

The records of Shanti document the organizational history and work of an agency dedicated to

enhancing the quality of life for people living with HIV/AIDS and other life-threatening or chronic illnesses. There are a wide range of record types in this collection, which focus on the years 1987-2003. The bulk of these include materials related to the board of directors and to training volunteers and other organizations. There are also newsletters; publicity and fundraising materials; cloth artifacts; a scrapbook; audio-visual material; and photographs.

Researchers should consult Series Scope and Content Summaries for more details.

## **Arrangement of the Collection**

The collection is arranged in 6 series:

- Series 1. Board of Directors
- Series 2. Organizational Records
- Series 3. Newsletters
- Series 4. Training Materials
- Series 5. Ephemera
- Series 6. Visual Arts

The original order was maintained.

## **Related Material**

The following collections at the Gay, Lesbian, Bisexual, Transgender Historical Society and University of California-San Francisco contain related materials. Contact the Historical Society and UCSF for further information.

- San Francisco AIDS Foundation records, 2006-03 (at GLBTHS)
- GLBTHS Periodicals Collection: various *Shanti* newsletters
- San Francisco AIDS Foundation (SFAF) records, 1982-1995, MSS 94-60 (at UCSF)
- Shanti Project records, 1982-1994, MSS 98-48 (at UCSF)

## **Collection Contents**

### **Series 1. Board of Directors, 1987-2003**

38 folders

#### **Series Scope and Content Summary**

The bulk of the records in this series consist of board meeting agendas and minutes from 1997 to 2003. They document Shanti's organizational structure and its social and political work. Materials include packets for the board members that contain financial statements and auditors' reports, demographic characteristics of Shanti clients and volunteers, event flyers, board job descriptions, reports and program evaluations. Other materials in this series include an agreement with the San Francisco AIDS Foundation, annual reports and a copy of Shanti's

by-laws.

### **Arrangement of the Series**

Arranged alphabetically, by subject.

#### **Box/Folder    Contents**

1/1	Agreement Between Shanti and San Francisco AIDS Fund and related letter. 1987, undated.
1/2	Annual Reports. 1990-1992
1/3	By-Laws. 1998 February.
1/4-38	Meetings, Agendas and Minutes. 1997-2003.

## **Series 2. Organizational Records, 1983-2000**

6 folders, 2 videotapes and 1 CD

### **Series Scope and Content Summary**

This series includes materials from other organizations; publicity materials, such as brochures; fundraising materials, such as donor outreach correspondence, an "Into the Light" campaign video and a promotional CD; press releases; materials related to events, including a 1998 video of Shanti's Annual Awards dinner; PWA and Activities Program updates; and one letter from, and one note about Eric Rofes, Shanti's executive director from 1989-1993.

### **Arrangement of the Series**

Arranged alphabetically, by subject, with audio-visual materials at the end of the series.

#### **Box/Folder    Contents**

1/40	ACT UP Golden Gate Action Alerts and Other Materials. Circa 1992-1994.
1/41	Brochures. 1994-2003, undated.
1/42	Fundraising Letters. 1983-1995, undated.
1/43	Press Releases and Event Materials. 1988-2003, Undated.
1/44	PWA UPdates and Activities Program UPdates. 1990-1992.
1/45	Rofes, Eric – Correspondence. 1989.
1	"I'll Be There": 1995/96 Into the Light Campaign Video," VHS tape. 1995 October 26.
1	"Shanti's Annual Awards Dinner," VHS tape. 1998 November 12
1	"Shanti Project Collection 2," CD. 2000

## **Series 3. Newsletters, 1983-2006**

5 folders

### **Series Scope and Content Summary**

This series is comprised of issues of five different Shanti newsletters: *Eclipse*, *Grapvine*, *Heartspace*, *Our Times* and *Voices*.

### **Arrangement of the Series**

Arranged alphabetically, by title.

**Box/Folder    Contents**

1/46-47	<i>Eclipse</i> . 1983-1994.
1/48	<i>Grapevine and Heartspace: A Newsletter Especially for Volunteers</i> . 1988-1993.
1/49	<i>Our Times</i> . 1994-1999.
1/50	Voices. 1999-2006.

**Series 4. Training Materials, 1986-2000**

1 folder in Carton 1, 9 folders in Box 1, 1 binder and 1 book in Carton 2

**Series Scope and Content Summary**

This series documents the implementation and practice of the Shanti model, which was used by AIDS-service organizations nationwide. Materials in the series include training manuals for volunteers and participants; memos; resources from workshops; cassette tapes offering lessons on AIDS caregiving; policy materials; publications produced, or inspired, by Shanti volunteers; and an autographed copy of *Sometimes My Heart Goes Numb*, by Charles Garfield, originator of Shanti model.

**Arrangement of the Series**

Arranged alphabetically, by subject.

**Box/Folder    Contents**

1/51	<i>AIDS Caregiving: Lessons for the Second Decade</i> , by Charles Garfield and Cindy Spring, Cassette Tapes. 1993.
2/1	Emotional Support Training Manuals. Circa 1986, 1991 January 7.
2/2	<i>In the Spirit of Service</i> (Participant Manual, Shanti National Training Inst.). 1999
2/3	Project Volunteer Memos. 1986-1988.
2/4	Publications – <i>AIDS Vignettes: Stories of a Volunteer's Work</i> and <i>The Book of Life: Words from the Heart</i> . 1996, Undated.
2/5	Seminars, Workshops and Resources. 1986, 1993, Undated.
3	<i>Sometimes My Heart Goes Numb: Love and Grieving in a Time of AIDS</i> . 1995.
3	<i>Training Volunteers for Community Service</i> . 2000.
2/6	Tuberculosis Screening and Surveillance Policy and Procedures. 1992 January.
2/7	Volunteer Training Materials. 1997, Undated.
2/8-9	Volunteer Services and Training Materials Used by Kevin Burns, Volunteer Facilitator and Coordinator. 1992-1997.

**Series 5. Ephemera, 1996-2004, Undated**

14 items

**Series Scope and Content Summary**

Materials in this series include a banner, a sash, hats, t-shirts and a scrapbook containing obituaries of people associated with Shanti.

**Arrangement of the Series**

Arranged alphabetically, by media, then by subject.

<b><u>Box/Folder</u></b>	<b><u>Contents</u></b>
3	"Shanti Volunteers for Life," Banner. Undated
3	"The Names Project," Hat. Undated
3	"Shanti Project," Hat. Undated
3	Obituary Scrapbook. Undated.
3	"Shanti Irish" Sash. Undated.
3	"Our Lady of Safeway," 10 <sup>th</sup> Annual AIDS Walk T-Shirt. 1996.
3	"Ride for Life," T-Shirt. 1997.
3	"Ride for Life," Third Annual Motorcycle Ride to Fight AIDS T-Shirt. 1999 October 24.
3	"Celebrate Life: 30 Years of Care and Support," T-Shirt. Circa 2004.
3	"People Transforming Lives," T-Shirt. Undated.
3	"The Power of Caring," T-Shirt. Undated.
3	"San Francisco Suicide Prevention AIDS/HIV Nightline," T-Shirt. Undated.
3	"Shanti," T-Shirt. Undated.
3	"Shanti Volunteer for Life," Green T-Shirt. Undated.

### **Series 6. Visual Arts, 1992, Undated**

1 print, 1 poster, 8 photographs

#### **Series Scope and Content Summary**

Materials in this series include a 1992 woodblock print by Robin Tichane, from his series, "AIDS Dark Terrain: Twelve Stations from a Yankee Pilgrim"; a poster for recruiting Shanti Volunteers; and eight black and white photographs of People With AIDS and Shanti clients with Shanti volunteers or caregivers. Photographs include some used in the Shanti Project's 20<sup>th</sup> Anniversary brochure. There are photographs of Shanti client and volunteer Wayne Corbitt hanging out with volunteer Joy Bandy; 14-year-old Shanti client Jeff Hidalgo watching *Roseanne* at his home with Shanti volunteer, David Silverman; Mesha Irezarry, Shanti staff counselor, comforting AIDS patient Lee Bossell on Ward 5A, San Francisco General Hospital's AIDS ward; and Jim Ochoa and Randy Vielbiz, clients of Shanti's Latino Program, hosting a dinner party as a thank you for Shanti volunteers Tony Molina and Cintelm (Teamo) Alvarado.

#### **Arrangement of the Series**

Original order was maintained.

<b><u>Box/Folder</u></b>	<b><u>Contents</u></b>
	Robin Tichane, "Errand into Wilderness," Woodblock Print. 1992.
	Shanti Volunteer Poster. Undated.
2/10	8 Photographs. Circa 1990s.