

Carton 7:11

LEE BROWN

SENIOR RIGHTS ORGANIZING:  
SAN FRANCISCO COMMISSION ON THE AGING

1981, 1992

2017/193

San Francisco, Calif

Feb.12., 1981

COPY

Miss Pauline Johnsdon  
Executive Director, Commission on the Aging

Miss Pauline Johnsdon,

My name is Lee Brown. A member of the Executive Board  
of the Hotel & Restaurant employees and Bartenders

Union, Local 2, also a member of the Retiree Committee of  
that Local. I am applying for the position <sup>to you,</sup> of Advisory <sup>Council</sup> Counsel. <sup>stay</sup>

If I am correct; If not please correct me. <sup>allow</sup>

Listed below is my involvement in other organization, and  
experience, and qualifications.

I been involed in the Union, and Labor Movement for forthy  
are more years. In New Orleans, Louisiana I was the Vice President  
, Warehouse and Distrivution Workers Union, Local 207

Member of Political Action Committee Local, ILWU- CIO

Action EXCTIVE SECRETARY LOUISIANA CIVIL RIGHTS CONGRESS YEAR 1951

A MEMBER UNITED PACKINGHOUSE WORKERS OF AMERICA, AFL\*CIO. LOCAL 591

~~ASSOCIATED WITH THE NATIONAL COUNCIL OF AMERICA~~

Miscellaneous culinary employees Union. Local 110 AFL-CIO

Shop Steward at the Fairmont Hotel In 1963 S.F.C.

Shop Steward at the Jack Tar Hotel 1968 S.F.C.

Reviced a Ceriticate completing the eight weeks course of the  
Union Cousellors Program In Cooperation with the United Bay Area  
Crusaed AFL CIO.1973.

Appointed as a Delegated to the Local Joint Exective Board 1970

For the Miscellaneous Culinary Employee Union Local 110 AFL-CIO

Appointed Picket Captain Local 110 1969

Joined the Bay Area Welfare Right Organization Inc. 1979

Member of the Senior Citizen Program 1979

24

(5-54-95-13)  
FL 01201  
Loey

"SENIORS"

SAN FRANCISCO COMMISSION ON THE AGING WILL HOLD ITS  
MEETING EVERY 1ST WEDNESDAY OF THE MONTH, AT THE PUBLIC  
HEALTH BLDG. ON THE 3RD FLOOR 9:30 A. M. CALL TO CONFIRM.  
415-864-6051.

ADVISORY COUNCIL TO THE COMMISSIONER ON THE AGING WILL HOLD  
ITS MEETING AT 25 VAN NESS AV SAN FRANCISCO, CA. EVERY 3RD  
WEDNESDAY OF THE MONTH. 5TH FLOOR 9:30 A. M. CALL TO CONFIRM.  
415-864-6051.

THANK YOU

Lee Brown, a trade-unionist, been in the labor movement over 50  
50 years and the struggle for peace, jobs, health-needs for the people  
and houses. In 1955 he spoke in Long Beach, Ca. ~~XX~~ X He and the late  
Harry Bridges spoke on a resolution on peace which was passed unanimous-  
ly. He also received a peace medal from the executive director from  
the National Peace Movement from Helsinki, Saturday, June 20, 1981.

## Youth and Student Bill of Rights

The Y.C.L. proposes that the following rights belong to every young person and should be amended to the Constitution.

1. The right to **live** in a peaceful world.
2. The right to a **job** at a living wage with union protection and affirmative action for all hiring and promotion.
3. The right to quality, free **education** through college, with peace studies, ethnic studies, and labor history included. Our schools and curriculum should reflect the cultural diversity of the students and of society.
4. The right to full **equality** regardless of age, race, nationality, sex, sexual orientation or religion. The right to live free from the threat of racist violence and hate crimes.
5. The right to live in a **safe community**, free of drugs, crime and police harassment.
6. The right to free **medical care**, child care and full choice regarding abortion.
7. The right to decent, low-cost **housing**.
8. The right to affordable and accessible **cultural, social and recreational facilities**.
9. The right to an **environment** that is clean and free of nuclear and toxic waste.
10. Extend **freedom of speech, of assembly and of the press** from the community to the campus.

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We believe all-youth **unity and action** can win some of these rights, but ultimately the best environment for progressive change will be free and democratic **socialism**. Join our movement and fight for the rights of all people!

Y.C.L. OF NORTHERN CALIFORNIA  
522 VALENCIA STREET  
SAN FRANCISCO, CA 94110  
(415) 863-6968

San Francisco



626-1033

Commission on the Aging  
Senior Information and Referral

# SENIOR INFORMATION DIRECTORY

**Emergency** ..... 911

(Ambulance, Police and Fire)

POISON CONTROL CENTER..1-800-523-2222

SUICIDE PREVENTION (FRIENDSHIP LINE)  
FOR ELDERLY ..... 752-3778

PERSONAL TELEPHONE NUMBERS:

DOCTOR: \_\_\_\_\_

DENTIST: \_\_\_\_\_

HOSPITAL: \_\_\_\_\_

PHARMACY: \_\_\_\_\_

NEIGHBOR: \_\_\_\_\_

NEAREST RELATIVES: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

This is only a partial list of agencies serving the elderly in San Francisco. For further information on these and other agencies, please call:

San Francisco Commission on the Aging  
Senior Information and Referral  
25 Van Ness Avenue, Suite 650  
San Francisco, CA 94102  
(415) 626-1033

Office Hours: Monday to Friday  
8:00 a.m. - 5:00 p.m.  
24 Hour Phone

### ADULT DAY HEALTH CENTERS (ADHC)

Bayview/Hunter's Point ..... 826-4774

30th. Street-ADHC ..... 550-2230

Laguna Honda Hospital ..... 759-3360

Mt. Zion Hospital -  
Ruth Ann Rosenberg ..... 750-5350

North and South of Market: Mabini Jones St.  
..... 882-7301/923-9085

On Lok ..... 292-8888

St. Mary's ..... 334-4000

### ALCOHOL/DRUG ABUSE

Alcoholic Anonymous ..... 621-1326

Drug Hotline ..... 362-3488

National Council  
on Alcoholism ..... 296-9900

North of Market Alcohol  
Counseling and Outreach ..... 885-2274

### DENTAL SERVICES

Medi-Cal/Denti-Cal  
Referrals ..... 1-800-322-6384

Senior Dental Program ..... 421-1435

Other Dental Referrals ..... 626-1033

### EDUCATION (Older Adults Program)

San Francisco Community College  
Mission Campus ..... 550-4384

San Francisco State University -  
Urban Elders Program ..... 338-2127

University of San Francisco -  
Fromm Institute ..... 666-6805

University of California Extension -  
Center for Learning in Retirement  
(CLIR) ..... 863-4518

### ELDER ABUSE

In an emergency call ..... 911

Adult Protective Service (APS) ..... 557-5230

Senior Information and Referral ..... 626-1033

Ombudsman (Nursing Home and  
Board and Care Home Abuse) ..... 255-6010  
(After hours Crisis Line) ..... 1-800-231-4024

### EMPLOYMENT

Civil Service Hotline ..... 557-4888

Employment Development  
Department (EDD) ..... 749-7599

National Council  
on The Aging ..... 982-7007

Options for Women over 40 ..... 837-0157

For list of other employment  
agencies ..... 626-1033

### FINANCIAL

Financial Resources Assisting  
Independent Living(FRAIL) ..... 554-1175

Medi-Cal Information ..... 863-9892

Medicare Information ..... 1-800-952-8627

Social Security/SSI ..... 1-800-772-1213

### FOOD

Food Stamps ..... 558-4186

Meals on Wheels ..... 920-1111

Nutrition Sites (for list of) ..... 626-1033

SHARE (food cooperative) ... 1-800-499-2506

Surplus Food Information ..... 247-7847

### GERIATRIC CASE MANAGEMENT

Senior Information and  
Referral (for referral to  
local agencies) ..... 626-1033

### HEALTH INSURANCE COUNSELING

Health Insurance Counseling  
and Advocacy Project (HICAP) -  
Legal Assistance to the Elderly ..... 861-4444

### HEALTH SERVICES

Health Center #1  
(Mission, Potrero, Noe Valley) ..... 487-7500

Health Center #2  
(Marina, Western Addition) ..... 292-1300

Health Center #3  
(Southeast, Bayview/Hunter's Pt.) .. 715-0300

Health Center #4  
(Chinatown, Northpoint) ..... 705-8500

Health Center #5  
(Sunset, Richmond, OMI) ..... 753-8100

Mission Neighborhood  
Health Center ..... 552-3870

North of Market Senior Service  
(Primary care to seniors of the  
Tenderloin) ..... 885-2274

Potrero Hill Health Center ..... 648-3022

San Francisco General Hospital ..... 206-8000

San Francisco Medical Society  
(for referrals to physicians) ..... 561-0850

South of Market Health Clinic ..... 626-2951

Southeast Health Center ..... 715-4000

### HOUSING

Housing Authority ..... 554-1205

Independent Housing Service ..... 441-6781

Rent Board Arbitration ..... 554-9550

The Housing Committee  
(tenant's rights) ..... 749-3700

San Francisco Home  
Share Program ..... 759-3760

San Francisco Tenant's Union ..... 282-6622

## **IN-HOME SUPPORT / HOMEMAKER SERVICES**

For information about a referral  
to local services ..... 626-1033

## **LEGAL/ADVOCACY**

Asian Law Caucus ..... 391-1655  
La Raza Centro Legal ..... 375-3500  
Legal Assistance to the Elderly ..... 861-4444  
Older Women's League ..... 989-4422  
Operation Concern - Gay &  
Lesbian Outreach to the Elderly ..... 626-7000  
San Francisco Consumer Action .... 777-9635  
San Francisco Neighborhood  
Legal Assistance ..... 627-0200

## **MENTAL HEALTH SERVICES**

Emergency Services (S.F. General) 206-8125  
Geriatric Community Mental Health Services :  
Chinatown and Northbeach ..... 352-2000  
Southeast Mission ..... 337-4722  
Sunset, Richmond and OMI ..... 753-6073  
Tenderloin and Central City ..... 554-3277  
Western Addition,  
Pacific Heights, Marina ..... 474-7310

## **NURSING HOME AND BOARD AND CARE INFORMATION**

California Advocates for Nursing  
Home Reform (CANHR) ..... 474-5171  
Licensed Residential Care Home ... 266-8800  
Ombudsman ..... 255-6010  
(Weekend or after hours) ..... 1-800-231-4024  
Residential Care Info & Referral ..... 399-1750

## **PET SERVICES**

Animal Care & Control Center ..... 554-6364  
SPCA ..... 554-3000

## **RECREATION**

Recreation and Park Department  
Senior Activities ..... 666-7015  
Recreation Center for the  
Handicapped ..... 665-4100  
San Francisco Visitor  
Information Center ..... 391-2000  
UCSF/Mt. Zion Center on Aging  
Artworks (for homebound) ..... 750-4187  
Senior Centers and Clubs ..... 626-1033

## **TRANSPORTATION**

BART Information ..... 992-2278  
MUNI Information ..... 673-6864  
Paratransit (Taxi Scrip & Lift  
Van Service) ..... 202-9903  
Senior Escort (Main Office) ..... 695-5170

## **VOLUNTEERS**

Retired Senior Volunteer Program . 731-3335  
Volunteer Center ..... 982-8999  
Other volunteer opportunities ..... 626-1033

## **ADDITIONAL PHONE NUMBERS:**

### **Elder Care Locator #**

1-800-677-1116

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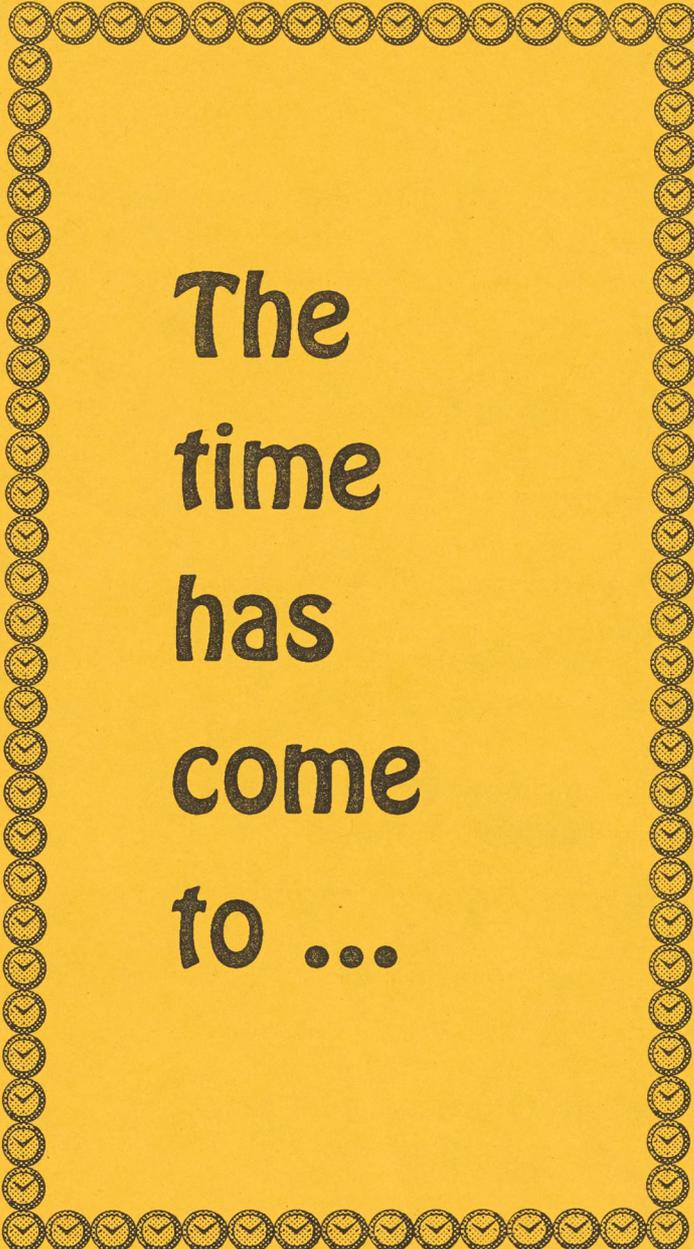
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The listed resources are for informational purposes only and are not an endorsement of services or personnel by the San Francisco Commission on the Aging, Senior Information and Referral.

Produced by:

San Francisco Commission on the Aging  
Senior Information and Referral

Updated: 6/95



**The  
time  
has  
come  
to ...**

# Get your new Senior

# ID & Gold Card!

Dear Seniors:

The Commission on the Aging is happy to provide seniors with a new Senior ID and Gold Card. This will enable you to take advantage of all the COA funded programs and also receive discounts from participating merchants. The cards are designed to make our work more efficient and at the same time provide additional benefits to all of us.

## ***Benefits to you are:***

- ◆ You will not be required to fill out client data forms at every program site.
- ◆ You will have your Gold Card already combined with your Senior ID.

## ***Benefits to the COA and program sites:***

- ◆ We will have an accurate count of how many people we serve.
- ◆
- ◆ We will have statistical information we can use to obtain funding.

## ***Mutual Benefit:***

- ◆ Improved senior services in San Francisco

Recognizing that change is not easy, we wanted to make a special appeal for your help and cooperation.

## **How the new cards will work:**

- ◆ You will be requested to fill out a Client Intake Form. Once completed, you will receive a Temporary Senior ID and Gold Card, effective July 1, 1995 through December 31, 1995.
- ◆ When you go to other COA funded programs, present your card. This means you will not have to complete the same form at each program.
- ◆ The card will also entitle you to receive **discount** at many participating stores and restaurants (a directory of merchants will be provided).
- ◆ In January 1996, you will receive a **permanent** COA Senior ID and Gold Card. We ask that you use this card whenever you attend a COA funded program.

***Let me assure you that all information collected will be kept strictly confidential.***

I hope this information is helpful to you and that you will continue to participate in the numerous senior programs San Francisco has to offer.

Thank you again for your support and cooperation.



David Ishida  
Executive Director



City and County of San Francisco  
Commission on the Aging  
25 Van Ness Avenue, Suite 650  
San Francisco, CA 94102

Business Phone	(415) 864-6051
Fax Number	(415) 864-3991
Information and Referral	(415) 626-1033

From The Library Of  
LEE BROWN

# *Senior Gold Card*

M E R C H A N T ' S   D I R E C T O R Y

1992-1993



A Service of the  
San Francisco  
Commission  
on the Aging

Printing Funded By

SAN FRANCISCO  
**Independent**

PACIFIC  BELL.

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LEE BROWN

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## *What is the San Francisco Gold Discount Program?*

In The Library Of  
LEE BROWN

This is a service of the San Francisco Commission on the Aging's Senior Information and Referral Program. The purpose of the program is to provide discounts to anyone 60 years of age or older on a variety of goods and services available at hundreds of locations throughout San Francisco.

The Gold Card program is an affiliate of the State of California's Golden State Senior Discount program. This means that anyone in California who has a Golden State Senior Discount Card can take advantage of the discounts described in this directory. It also means that San Franciscans who have a Gold Card can purchase discounted goods and services in other California counties that participate in the Golden State Senior Discount program.

## *What is the Gold Card Merchant's Directory?*

This directory lists the over 300 businesses in San Francisco that provide a discount on their merchandise and services to persons over 60 years of age who have a San Francisco Senior Gold Card Discount Card.

## *How Can You Get a Gold Card?*

If you are 60 years of age or older and wish to obtain a Gold Card, come to the Commission on the Aging's, Senior Information and Referral Program, 25 Van Ness Ave., Suite 750 Monday through Friday 8 a.m. to 5 p.m. with any identification that shows your date of birth or call 626-1033 for further information. There is no charge for the Gold Card or for the participating merchant.

## *Special Thanks*

*To the San Francisco Independent, Pacific Bell and the Index Inc. Non-Profit Information Network for funding the printing and typesetting of this edition of the Merchant's Gold Card Directory, to Martha Maher for her dedication in coordinating this project and to the staff of Commission on the Aging's Senior Information and Referral Program for their support.*

From The Library Of  
LEE BROWN

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# *Consumer's Guide to the San Francisco Senior Gold Card Discount Program*

This guide is to assist you in being a wise consumer of the goods and services offered by the merchants who have generously offered to participate in the San Francisco Senior Gold Card Discount Program. We hope you will find this guide useful and that it enables you to increase your buying power.

1. The San Francisco Gold Card is for your own use exclusively and not to be loaned to family and friends.
2. Look for the San Francisco Senior Gold Card Placard in store windows and check out stands to identify the merchants participating in the program. If no placard is seen ask the merchant if they are participating in the Gold Card Program.
3. The discounts provided by the merchants listed herein are voluntary, the amount is set by the merchants, and may not be the lowest price available for the product or service.
4. This card is not good on transit busses or for campgrounds. These are different cards. For information about where to get these cards call 626-1033, Monday through Friday, 8 a.m. to 5 p.m.
5. Be a Responsible consumer:
  - Consider all costs, such as delivery, installation, service and finance charges.
  - Know our warranty terms. Read and understand all tags, labels, warranties and contracts and canceled checks. Keep documents in a safe place.
  - Ask for the price before purchasing your items or receiving a service. That way you can make sure merchants are providing you with the discount they have indicated in the directory.
6. Present our San Francisco Senior Gold Card to the participating merchant at the time of purchase.
7. Many businesses not yet enrolled in the program will give discounts to seniors— always ask.
8. If you know of a merchant that would like to participate in this program, please let us know, 626-1033
9. Please notify us if you find a merchant in our program that is out of business or no longer honors the discount.
10. The San Francisco Senior Gold Card Discount Program assumes no responsibility for the offers contained in the directory and makes no warranties, representations or claims concerning the quality, quantity or availability or merchandise or services offered, so again, shop wisely.
11. Always call the merchant before going to see if the item you want to purchase is still involved in the Gold Card program.
12. Before purchasing a large item such as a refrigerator, check the "consumer guide" at the library for the "best buys."
13. When planning major repairs on your home, consult the Better Business Bureau (243-999) for a consumer's report on the Company you are considering to do the work, and also check the Contractor's State License Board, 469-6200.

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## *How to Use This Directory*

*Merchants are listed alphabetically within the category of service where they most logically fit:*

Airport Transportation .....	1	Housecleaning Service .....	18
Antiques .....	1	Ice Cream & Yogurt .....	18
Appliances .....	1	Jewelers .....	18
Automobiles .....	1	Legal Financial Service .....	19
Bakeries .....	3	Medical Care .....	19
Bookstores .....	3	Medical Supplies .....	20
Candy .....	4	Moving & Storage .....	20
Chiropractic Services .....	4	Paints .....	21
Cleaners .....	4	Pet Shops & Supplies .....	21
Delicatessens .....	5	Pharmacies .....	22
Dentists .....	5	Photography .....	24
Department & Variety Stores .....	7	Plumbing .....	25
Entertainment .....	8	Podiatrists .....	25
Eye Care .....	8	Printing .....	26
Fabrics .....	10	Real Estate .....	26
Floor Coverings .....	10	Restaurants .....	26
Florists .....	10	Self Defense Courses .....	29
Furnaces & Chimney .....	11	Shoe Sales & Repair .....	29
Furniture Sales & Repairs .....	11	Stationers & Office Supplies .....	30
Glass Companies .....	12	Tailor .....	30
Grocery & Health Food .....	12	TV, VCR & Radio .....	30
Hair Care .....	13	Thrift Shop .....	31
Hardware Stores .....	14	Travel Services .....	31
Hearing Aids .....	15	Veterinarians .....	32
Home Maintenance .....	16	Window Coverings .....	32
Hotel & Motels .....	16		

## *Airport Transportation*

### *Quake City Airport Shuttle*

(Formerly Good Neighbors  
Airport Shuttle)  
33 Harriet St. #1  
S.F. CA 94103  
777-4899 (from S.F.)  
255-4899 (from airport)  
20% discount: Senior Fare \$8.00

## *Antiques*

### *Beaver Bros. Antiques*

1637 Market St.  
S.F. CA 94103  
863-4344  
10% off except sale items

### *Biscuit Jar Antiques*

2134 Taraval St.  
S.F. CA 94116  
665-4520  
15% discount

### *Gaslight & Shadows Antiques*

2335 Clement St.  
S.F. CA 94121  
387-0633  
20% discount

## *Appliances*

### *ABC Appliance*

2048 Taraval St.  
S.F. CA 94116  
564-8166  
2% off all sale items;  
5% off non-sale items

## *Automobiles*

### *A.A. Quality Auto Reconstruction*

280 14th St.  
S.F. CA 94103  
431-8967  
10% off new part ordered  
for repairs

### *AAMCO Transmissions*

1633 Valencia St.  
S.F. CA 94110  
285-1600  
10% off all repairs, parts & labor

### *Auto Motion*

185 Bayshore Blvd.  
S.F. CA 94124  
550-2400  
10% off parts & labor on all  
foreign & domestic auto repairs,  
maintenance & tire services

### *Bug & Hare Repair*

1645 Pacific Ave.  
S.F. CA 94109  
771-3377  
10% off parts only

***Car Parts Supply***

461 South Van Ness Ave.

S.F. CA 94103

621-0815

10% off parts & labor,  
excluding sale items

***Fell & Masonic Chevron Service***

1698 Fell St.

S.F. CA 94117

921-8188

10% off parts & labor; \$1.00 off  
gasoline at full service island

***George's Brake & Front End Inc.***

2800 Alemany Blvd.

S.F. CA 94112

586-0633

10% off parts

***Golden Gate Radiator & Body***

1315 - 7th Ave.

S.F. CA 94122

664-8161

10% off any competitor price

***J.J. Auto Parts***

661 Divisadero St.

S.F. CA 94117

567-4850

10% off parts & labor  
(excluding sale items)

***Keystone Batteries***

1601 Cortland Ave.

S.F. CA 94110

647-5575

10% special discount  
with free installation

***Kim's Auto Body & Paint Center***

1728 Folsom St.

S.F. CA 94103

431-3900

10 - 20% off on labor cost of  
collision repair; free rental car  
& estimates

***Midas Muffler & Brake***

1200 Larkin St.

S.F. CA 94109

775-5400

10% off all parts & labor; not  
valid with any other discount

***Midas Muffler & Brake***

165 So. Van Ness Ave.

S.F. CA 94103

626-8384

10% off all parts & labor;  
not valid with any other discount

***Ocean Avenue Garage***

1719 Ocean Ave.

S.F. CA 94112

584-8181

10% off brake & tune-up service  
(cash sales only); 10% off labor for  
general repairs (cash sales only)

***Rolling Stock***

695 So. Van Ness Ave.

S.F. CA 94110

558-9121

10% off all parts/products

**Rowland's Auto Repair**

479 Tenth St.  
S.F. CA 94103  
863-5111  
10% off labor

**Scotty's Transmission**

834 Divisadero St.  
S.F. CA 94117  
567-3009  
10% off any repairs

## Bakeries

**Anna's Danish Cookie Co.**

3560 - 18th St.  
S.F. CA 94110  
863-3882  
10% off bakery items

**Bakery De Leon**

30 West Portal Ave.  
S.F. CA 94127  
564-6946  
10% off any sale greater than \$5

**House of Bagels**

5030 Geary Blvd.  
S.F. CA 94118  
752-6000  
10% off bagels, bread  
& bread rolls

**Just Desserts**

3735 Buchanan St.  
S.F. CA 94123  
922-8675  
10% off full-priced baked goods  
& beverages

**Just Desserts**

248 Church St.  
S.F. CA 94114  
626-5774  
10% off full-priced baked goods,  
food & beverages

**Tassajara Bread Bakery**

1000 Cole St.  
S.F. CA 94117  
664-8946  
10% discount

**Zanze's Cheesecake**

2405 Ocean Ave.  
S.F. CA 94127  
334-2264  
10% off each cake

## Bookstores

**Alexander Book Co.**

50 Second St.  
S.F. CA 94105  
495-2992  
10% off all reg. priced  
merchandise

**Bookmonger**

2411 Clement St.  
S.F. CA 94121  
387-2332  
10% off marked price

## Candy

### *City Sweets*

90 New Montgomery  
S.F. CA 94105  
495-4883  
20% off on candies & chocolates

### *City Sweets*

444 Market St.  
S.F. CA 94111  
989-0911  
20% off on candies & chocolates

### *Stevie's Sweeties*

Ghirardelli Square  
900 Northpoint  
S.F. CA 94109  
474-3346  
10% discount

## Chiropractic Services

### *Anspach & Di Leo Chiropractic Clinic*

425 Divisadero St., Suite 300  
S.F. CA 94117  
553-8182  
Free initial consultation & exam.  
25% off x-rays. Medicare provider.

### *Balbon, Brian W. Dr.*

2515 Ocean Ave. #6  
S.F. CA 94132  
334-1919  
Complimentary exam &  
consultation. Medicare accepted

### *Bay Advanced Chiropractic Clinic*

2475 Mission St. #B  
S.F. CA 94110  
648-6054  
Complimentary exam  
& consultation

### *Chidlowsky Chiropractic*

1943 Noriega St.  
S.F. CA 94122  
753-2300  
20% discount

### *Dr. Jeffrey Katz*

4865 Mission St.  
S.F. CA 94112  
584-3042  
20% off all service with card

### *Lakeside Family Chiropractic*

2345 Ocean Ave.  
S.F. CA 94127  
587-1000  
Complimentary physical exam  
(usual fee - \$60); x-rays \$75  
(usually \$116); office visits \$22

## Cleaners

### *Fulton Fabricare Cleaners & Laundry*

2900 Fulton St.  
S.F. CA 94118  
387-6500  
15% off dry clean, dry clean by  
the pound, wash & fold, \$10  
minimum; 15% off shirts laun-  
dered; 15% off alterations (\$15  
minimum)

*Meaders Cleaners*

1515 Northpoint  
S.F. CA 94123  
922-5790  
10% discount

*Meaders Cleaners*

1875 Geary  
S.F. CA 94115  
922-3300  
10% discount

*Meaders Cleaners*

2671 Ocean Ave.  
S.F. CA 94132  
334-0400  
10% discount

## *Delicatessens*

*California Street Creamery*

2413 California St.  
S.F. CA 94115  
929-8610  
10% off baked goods;  
15% off dairy products

*Coffee Cantata Deli*

1980 Union St.  
S.F. CA 94123  
563-7274  
10% off total check

*Herb's Delicatessen*

2132 Taraval St.  
S.F. CA 94116  
731-4422  
20% off all deli products

## *Dentists*

*Balaoro, Juan V. D.M.D.*

1914 Ocean Ave.  
S.F. CA 94127  
239-1914  
10% off all dental services  
including dental restorations

*Baldwin Louie, D.D.S., Inc.*

646 Clement St.  
S.F. CA 94118  
221-1324  
20% off normal fees

*Busterna, Frank D.D.S.*

2166 Hayes St.  
S.F. CA 94117  
752-5223  
25% off general dentistry  
& bridge work

*Castro Street Dental Group*

375 Castro St.  
S.F. CA 94114  
626-4124  
15% off PMT to be made before  
or at time of treatment

*Cohen Dental Care*

311 California St.  
S.F. CA 94104  
433-9032  
10% discount

***Cole, Ronald E. D.D.S.***

2340 Judah St.  
S.F. CA 94122  
731-0200

15% off all services except x-rays,  
cleaning & exams for individuals  
65 yrs or older without dental  
insurance. Additional 5% dis-  
count on bills over \$300 which  
are paid in full.

***Dumas, Michael D.M.D.***

Oral & Maxillofacial Surgeon  
2645 Ocean Ave.  
S.F. CA 94132  
334-5060

15% off usual & customary fees

***Ellerhorst, Thomas C. D.D.S.***

***Silvestri, Ann Marie D.D.S.***

2300 Sutter St. #204  
S.F. CA 94115  
921-0434

10% discount

***Gloekner, Bruce W. D.D.S.***

595 Buckingham Way  
S.F. CA 94132  
664-4733

10% discount

***Griffith, Michael D.D.S.***

2439 Ocean Ave.  
S.F. CA 94127  
334-1737

15-20% discount

***Lloyd A. Kwok, D.D.S., Inc.***

1794 San Jose Ave.  
S.F. CA 94112  
586-3155

20% off all dental procedures

***Michael J. Antonini, D.D.S., Inc.***

2827 Franklin St.  
S.F. CA 94123  
776-1900

10% discount

***Pacific Dental Group***

Ricci Chan D.M.D.  
2001 Union St. Ste. 240  
S.F. CA 94123  
931-8795

15% off all dental work

***Richard A. Parodi, D.D.S., Inc.***

2497 San Bruno Ave.  
S.F. CA 94134  
468-3756

15% discount

***Siegel, Walter Mark D.M.D.***

Oral Maxillofacial Surgery  
4141 Geary Blvd. Ste 406  
S.F. CA 94118  
387-5885

20% off; cash, Visa, MC or  
check at time of service preferred

***Yee, Kin F. D.D.S.***

760 Market St. Ste 722  
S.F. CA 94102  
421-5878

20% discount

## Department & Variety Stores

### *Bay Area Cyclery*

4537 Mission St.

S.F. CA 94112

585-7480

10% off bikes & exercisers,  
cash customers only

### *Cable Car Music Box Co.*

2800 Leavenworth St. #6

S.F. CA 94133

771-7402

10% discount

### *Coffee Merchant, The*

1248 9th Ave.

S.F. CA 94122

665-1915

5% off coffee, tea, & accessories

### *Global Exchange*

#### *Third World Craft Center*

3900 24th St.

S.F. CA 94114

648-8068

10% off all purchases when  
presenting Gold Card

### *Headlines*

1217 Polk St.

S.F. CA 94109

776-4466

Additional 10% off all purchases

### *Headlines*

5717 Christie (Powell St. Plaza)

Emeryville CA 94605

(510) 547-3324

Additional 10% off all purchases

### *Headlines*

557 Castro St.

S.F. CA 94114

626-8061

Additional 10% off all purchases

### *Headlines*

838 Market St.

S.F. CA 94102

956-4872

Additional 10% off all purchases

### *Hellenic American Imports*

2365 Mission St

S.F. CA 94110

282-2237

10% discount

### *Hobby Co. of S.F., The*

5150 Geary Blvd

S.F. CA 94118

386-2802

10% off minimum \$5.00  
purchase, except magazines  
& sale items

### *San Francisco Archery Shop*

2302 Taraval St.

S.F. CA 94116

731-3047

10% discount

## Entertainment

### *Blue & Gold Fleet*

Pier 39, Box Z-2

S.F. CA 94133

705-5444

\$2.00 off the reg. senior fare  
on the 1 1/4 hr. SF Bay Cruise.  
May not be used with any other  
offer.

### *International Center*

50 Oak St.

S.F. CA 94102

863-7676

\$2.00 per visit for unlimited use  
of facilities \$50.00 per quarter

### *Park Bowl*

1855 Haight St.

S.F. CA 94117

752-2366

\$1.25 per game, 10-5 pm, Mon -  
Fri. Free shoe rental

### *Ray Bell Variety Show*

992 Anza St.

S.F. CA 94118

387-4456

10% discount

### *Ripley's Believe It Or Not!*

175 Jefferson St.

S.F. CA 94133

771-6188

\$1.45 off adult admission

### *The Magic Theatre*

Fort Mason Center, Bldg D

S.F. CA 94123

441-8822

Half off the single ticket price  
on Wed, Thurs, Sunday

## Eye Care

### *Albert, Henry C., Jr., O.D.*

760 Market St. Suite 949

S.F. CA 94102

362-2273

10% discount

### *Baker, Roy O.D.*

4596 Mission St.

S.F. CA 94112

585-6588

10% when insurance not utilized

### *Chun, June, O.D.*

4390 Mission St.

S.F. CA 94112

585-4966

10% discount

### *Dong, Bruce G., O.D.*

619 Irving St.

S.F. CA 94122

661-8253

\$65 eye exam fee reduced to \$50

10% off of products

***Drs. Hiura & Hiura & Lee***

1418 Polk St.  
S.F. CA 94109  
776-2352

10% off professional services  
& prescription lenses;  
15% off frames

***Four Fifty Sutter Opticians***

450 Sutter St., Suite 510  
S.F. CA 94108  
421-4520

20% off complete pair  
of eyeglasses

***Gale, Barak Dr.***

180 Howard St.  
S.F. CA 94105  
543-9011

15% off all services & eyeglasses

***Monetta, Robert O.D.***

2532 Ocean ave.  
S.F. CA 94132  
239-2544

10% off any service

***Oikos Vision Care***

1491 Webster St.  
S.F. CA 94115  
928-3937

20% off comprehensive exam &  
materials, ie. lenses, contact lens;  
20% to 30% on specific frames

***Optical Solution***

1635 Divisadero St.  
S.F. CA 94115  
563-5666

15% - Complete Rx eyeglasses

***Purewal, M. S., O.D.***

3130 24th St.  
S.F. CA 94110  
648-2777

Complete eye examination \$25  
\$25 off eyeglasses or contact  
lenses

***Ray Opticians***

728 Pacific Ave. #116  
S.F. CA 94133  
781-3937

20% discount; 1 hour service for  
most multivision & single vision  
eyeglasses at no extra charge

***Robinson, Ronald Optometrist***

760 Market St. Suite 446  
S.F. CA 94102  
392-7274

15% off materials

***Ruegg, William F., O.D.***

760 Market St. Suite 446  
S.F. CA 94102  
392-0190

Phone for senior discount

***Stamper, Bruce, Dr. O.D.***

2508 Mission St.  
S.F. CA 94110  
824-2374

10% off all services & materials

## *Fabrics*

### *Discount Fabrics*

1432 Haight St.  
S.F. CA 94117  
621-5584  
10% off on all items  
except sale items

### *Discount Fabrics*

4556 Mission St.  
S.F. CA 94112  
334-6192  
10% off on all items  
except sale items

### *Discount Fabric*

2315 Irving  
S.F. CA 94122  
564-7333  
10% off on all items  
except sale items

### *San Francisco Fabrics*

1715 Polk St.  
S.F. CA 94109  
673-5848  
10% off regular priced goods

## *Floor Coverings*

### *Apollo's Floor Covering*

3476 Mission St.  
S.F. CA 94110  
648-9180  
10% off purchase over \$500;  
12% off purchase over \$1500

### *Conklin Bros., Inc.*

1100 Selby St.  
S.F. CA 94124  
282-1822  
10% discount

### *French Bros.*

2125 Harrison St.  
S.F. CA 94110  
621-6627  
40% off suggested retail pricing  
on most products

### *Magic of Persia*

3775 24th St.  
S.F. CA 94114  
282-6109  
10 - 20% off on nomadic, tribal &  
village rugs and decorative art

### *World of Carpet*

1601 Noriega St.  
S.F. CA 94122  
731-3170  
10% off materials

## *Florists*

### *Accent on Flowers*

4080 24th St.  
S.F. CA 94114  
824-3233  
15% off anything, except wire  
orders and other promotion  
discounts

***Hoogasian Flowers***

1674 Lombard St.

S.F. CA 94123

885-4321

20% off cash and carry plants  
& flowers; delivery orders  
flat \$5.00 discount

***Parkside Florist***

941 Taraval St.

S.F. CA 94116

661-3303/3304

10% discount

***Pinelli's Flowerland***

714 Clement St.

S.F. CA 94118

751-4142

10% off all local items

***San Francisco Florist***

1390 Market St

S.F. CA 94102

621-3668

15% off all cash & carry  
purchases & local SF delivery

***San Francisco Florist***

220 Montgomery (Lobby)

S.F. CA 94104

781-5900

15% off all cash & carry  
purchases & local SF delivery

***Furnace &  
Chimney  
Sales & Repairs***

***Ace Furnace Co., Inc.***

2017 Taraval St.

S.F. CA 94116

661-8000

10% off on furnace parts;

\$5.00 off on Tor-A-Vac  
furnace cleaning

***Atlas Heating & Ventilating  
Co., Ltd.***

440 8th St.

S.F. CA 94103

552-7000

5% off furnace replacement &  
new furnace installation

***Furniture  
Sales & Repairs***

***Ab Sam Chair Repair***

1290 Union St.

S.F. CA 94109

441-4860

10% off cash purchase

***Globe Furniture Co.***

2243 Mission St.

S.F. CA 94110

826-6910

10% discount

*Home Remedy Painting, Etc.*

1132 Taylor St.  
S.F. CA 94108  
885-6878

15% off refinishing  
wood cabinets & furniture

*Hoot Judkins Furniture*

1142 Sutter St.  
S.F. CA 94109  
673-5454

20% off furniture not on sale

## *Glass Companies*

*Avenue Glass*

1255 Vicente St.  
S.F. CA 94116  
564-1517

10% off materials, except when  
other discounts are in effect.

*Sunset Glass, Inc.*

4301 Irving St.  
S.F. CA 94122  
664-1626

10% off material

*Union Glass Works*

63 Bonita St.  
S.F. CA 94109  
673-1105

15% off on glass & labor

## *Grocery & Health Food*

*Au Naturel*

*Health & Nutrition Center*

2370 Market St.  
S.F. CA 94114  
431-9963

10% off all purchases vitamins,  
herbs

*Diane's Health Foods*

3248 22nd St.  
S.F. CA 94110  
285-4454

10% off vitamins supplements

*Good Life Grocery, The*

1524 20th St.  
S.F. CA 94107  
282-9204

10% off all products from 9am-  
3pm only; except selected dairy  
& sale items

*Good Life Grocery, The*

448 Cortland Ave.  
S.F. CA 94110  
648-3221

10% off all products from 9am-  
3pm only; except selected dairy  
& sale items

*Harvest Market*

2285 Market St.  
S.F. CA 94114  
626-0805

10% discount

**Inner Sunset**

**Community Food Store**

1319 20th Avenue  
S.F. CA 94122  
664-0427

10% off; except specially discounted products, dairy products, & purified water

**New West Natural Foods**

970 Market St.  
S.F. CA 94102  
775-7760

10% off non-sale supplements

**Noe Valley Community Store**

1599 Sanchez St.  
S.F. CA 94131  
824-8022

10% off on total purchase

**Other Avenues**

**Community Food Store**

3930 Judah St.  
S.F. CA 94122  
661-7475

10% off all items; excluding bulk eggs and 1/2 gal. milk

**Rainbow Grocery, Inc.**

1899 Mission St.  
S.F. CA 94103  
863-0620 Food store/863-9200  
Gen. store

10% off except milk, butter, eggs & already discounted items (sale or w/casediscount)

**Shaklee Authorized Distributor**

1000 Sutter St. 812  
S.F. CA 94109  
929-0110

10% off all products (catalog available)

**Shaklee Products**

2226 41st Ave.  
S.F. CA 94116  
564-1511  
10% off all products

**St. Philips Market**

4190 24th St.  
S.F. CA 94114  
647-0293

10% off Monday & Tuesday; 5% off other days; excluding sale items & cigarettes

## Hair Care

**Chicago Barber Shop #3**

1551 Fillmore St.  
S.F. CA 94115  
563-9793  
\$1.00 off total price

**Hansen Fontana**

536 Bryant St.  
S.F. CA 94107  
495-8888  
10% off all hair replacements, wigs, wiglets, switches, falls & related hair products

**Hickman's Hair Styles**

900 Cabrillo St.  
S.F. CA 94118  
752-5097/1374  
10% off haircuts;  
12% off perms & tints

**Mike Barber Shop**

1185 Church St.  
S.F. CA 94114  
282-8445  
\$2.00 off Tues. thru Fri.

**Moler Barber College**

50 Mason St.  
S.F. CA 94102-2890  
362-5885  
Tapered haircut - \$3.00,  
Tue.- Fri. only

**Orpheum Barber Shop**

1180-A Market St.  
S.F. CA 94102  
621-0300  
20% discount

**Remy Hairstyling Hut**

3410 Judah Ave.  
S.F. CA 94122  
753-3131  
Every tues free manicure with  
permanents \$25;  
Free shampoo & blowdry with  
haircut

**Town & Country Beauty Salon**

1944 Irving St.  
S.F. CA 94122  
664-6133  
15% off mon-thur. on shampoo &  
set; Shampoo & dry, perm-wave  
& coloring

**Zenzi's Beauty College, Inc.**

677 Portola Drive  
S.F. CA 94127  
564-5802  
10% off any hair, skin care or  
nail service

## Hardware Stores

**Bayview Hardware & Annex**

6114-6138 Geary Blvd.  
S.F. CA 94121  
221-4764/386-9112  
10% off all merchandise  
\$5 minimum

**Brownies Hardware**

1552 Polk St.  
S.F. CA 94109  
673-8900  
10% off non-sale items

**Cole Hardware**

3312 Mission St.  
S.F. CA 94110  
647-8700  
10% off except sale items

***Cole Hardware***

956 Cole St.  
S.F. CA 94117  
753-2653  
10% off except sale items

***Creative Paint & Hardware***

999 Geary St.  
S.F. CA 94109  
441-8850  
10% off Benjamin Moore paints,  
paint supplies & hardware

***Crown Hardware & Lock***

3615 Balboa St.  
S.F. CA 94121  
221-9047  
10% off all parts & labor

***Jules Hardware***

1556 Ocean Ave.  
S.F. CA 94112  
585-3456  
10% off,  
\$2.00 minimum purchase

***MacDonald Paint***

1200 Howard St.  
S.F. CA 94103  
863-0955  
20% off list on paint;  
10% off sundries

***Roberts Hardware***

1629 Haight St.  
S.F. CA 94117  
431-3392  
10% discount

***Standard Plumbing & Hardware***

1019 Clement St.  
S.F. CA 94118  
221-1888  
10% off labor & materials on  
plumbing service & drain  
cleaning; 10% off in store except  
sale items

***Workingman's Headquarters***

2871 Mission St.  
S.F. CA 94110  
282-2403  
10% discount

## *Hearing Aids*

***San Bruno Hearing Aid Center***

256 El Camino Real  
San Bruno CA 94066  
737-5720  
10% off manufacturer's suggested  
cost for cash purchases

***Sunset Parkmerced  
Hearing Aid Center***

2620 Ocean Ave.  
S.F. CA 94132  
333-3600  
10% off regular price for batteries  
15% off on instruments when  
purchased within 30 days

***Vasquez Optical & Hearing***

1309 Castro St.  
S.F. CA 94114  
206-2080  
10% discount for cash purchases

## Home Maintenance

### *A.C. Electric & Construction*

1775 Egbert Ave.  
S.F. CA 94124  
626-1181  
15% off total price

### *A.J. Electric*

280 Evelyn Way  
S.F. CA 94127  
586-0191  
10% off labor only

### *City Overhead Doors*

5976 Mission St.  
S.F. CA 94112  
756-4226  
5% off total

### *Door Doctor of San Francisco, The*

97 Loomis St.  
S.F. CA 94134  
468-2826  
10% off on installation of new  
merchandise, repairs excluded;  
free estimates

### *Sierra Point Lumber & Plywood Company*

601 Tunnel Ave.  
S.F. CA 94134  
468-5620  
10% off all merchandise

### *Standard Roofing Company*

1226 Ninth Ave.  
S.F. CA 94122  
566-2049  
5% off total price

### *Standard Termite & Pest Control*

1271 48th Ave. Unit A  
S.F. CA 94122-1001  
661-7378  
5% off residential  
pest control only

## Hotels & Motels

### *Atherton Hotel, The*

685 Ellis St.  
S.F. CA 94109  
474-5720  
\$45 discounted rate for  
standard rooms, single or  
double occupancy

### *Best Western Americana*

121 7th St.  
S.F. CA 94103  
626-0200  
10% off all guestroom  
accommodations; not applicable  
with any other discount

### *Best Western Carriage Inn*

140 7th St.  
S.F. CA 94103  
552-8600  
10% off all guestroom  
accommodations; not applicable  
with any other discount

**Best Western Civic Center**

364 9th St.  
S.F. CA 94103  
621-2826  
10% off all guestroom accommodations; not applicable with any other discount

**Best Western Flamingo**

114 7th St.  
S.F. CA 94103  
621-0701  
10% off all guestroom accommodations; not applicable with any other discount

**Friendship Inn**

860 Eddy St.  
S.F. CA 94109  
474-4374  
10% discount off rack rates

**Hotel Bedford**

761 Post St.  
S.F. CA 94109  
673-6040  
\$80 rate, single or double occupancy

**Hotel Britton**

112 7th St.  
S.F. CA 94103  
621-7001  
10% off all guestroom accommodations; not applicable with any other discount

**Hotel California**

405 Taylor St.  
S.F. CA 94102  
885-2500  
\$60 single, \$65 double; based on availability

**Hotel Richelieu**

1050 Van Ness Ave.  
S.F. CA 94109  
673-4711/1-800-227-3608  
\$62 rate for single or double occupancy

**Lombard Hotel, The**

1015 Geary St.  
S.F. CA 94109  
673-5232  
50% off rack rate, subject to availability, plus tax. When this rate is not available a standard senior rate shall be offered of \$58.00 single/double, plus tax.

**Mayflower Apt. Hotel**

975 Bush St.  
S.F. CA 94109  
673-7010  
10% off on day rate if paid in cash or traveler's check

**Ocean Park Motel**

2690 46th Ave.  
S.F. CA 94116  
566-7020  
10% off all posted seasonal rates

*Town House Motel*

1650 Lombard St.  
S.F. CA 94123  
885-5163  
10% off all guestroom  
accommodations; not applicable  
with any other discount

## Housecleaning Services

*Cinderella's Housekeeping*

2256 Van Ness Ave.  
S.F. CA 94109  
775-8900  
15% off first visit;  
10% off follow - up visits

*Heavenly Maids*

"The Best On Earth"  
P.O.Box 27323  
S.F. CA 94127  
239-0561  
10% off S.F. Seniors on  
residential house cleaning

## Ice Cream & Yogurt

*Penguin's Place*

3251 20th Ave. # 250 K  
S.F. CA 94132  
753-5521  
10% off any items purchased;  
excludes gift certificates

## Jewelers

*Broder Jewelry Co.*

210 Post St.  
S.F. CA 94108  
421-9313  
30% off custom orders;  
30% off repairs

*Latin Jewelers*

2521 Mission St.  
S.F. CA 94110  
647-7575  
30% off all cash sales  
(repairs excluded)

*Layne's Jewelers*

1005 Market St.  
S.F. CA 94103  
621-1572  
10% on all regular merchandise

*Pearl Empire - Jade*

127 Geary St.  
S.F. CA 94108  
362-0606  
15% off all merchandise

*San Francisco Provident Loan Assn.*

932 Mission St.  
S.F. CA 94103  
982-4400  
20% off all jewelry sales

*Sidney Mobell Fine Jewelry*

Fairmont Hotel Lobby  
S.F. CA 94108  
421-4747  
10 - 25% on everything in store

***Union St. Goldsmith***

1909 Union St.  
S.F. CA 94123  
776-8048  
10% off merchandise (not repairs  
or appraisals; not always on  
custom work)

***Zwilling & Co.***

760 Market St., Suite 800  
S.F. CA 94102  
392-4086  
40% off retail on diamonds and  
jewelry

## ***Legal & Financial Services***

***Divorce Center of California***

870 Market St. # 547  
S.F. CA 94102  
956-5757  
20% off fees for divorce, legal  
separation & annulment. Fees  
range \$80 - \$250. Court fee also  
required unless low income

***Jeanpierre & Co. CPA***

1640 Fulton St.  
S.F. CA 94117  
929-7770  
35% off our standard prices  
for income tax preparation

***Law Offices of Gary D. Berger***

One Sansome St. Suite 900  
S.F. CA 94104  
731-2268  
10% off living trusts, wills, living  
wills, powers of attorney, estate  
planning

***Law Offices of  
Thomas E. Kararian***

323 West Portal Ave. 2nd Fl.  
S.F. CA 94127  
753-2246  
Simple wills - \$75.00; Living  
Trusts starting at \$400 for single  
person; Free initial telephone  
consultation for other legal  
problems

***Prudential Securities***

***Scott S. Lenhart***  
1440 Chapin Ave.  
Burlingame CA 94010  
340-4820  
Free Portfolio Analysis &  
consultation on all investment  
matters (stocks, bonds, mutual  
funds, insurance & estate  
planning)

## ***Medical Care***

***David L. Chittenden, M.D.***

A Medical Corporation  
Medical Orthopedic  
490 Post St., Suite 1440  
S.F. CA 94102  
433-5284  
10% off first visit

*Olsten Health Care*

221 Main St. #440  
S.F. CA 94105  
957-1970  
10% for home health aide at  
\$14.85/hr; 5% for RN/LVN: RN -  
\$45/hr; LVN - \$31/hr

## *Medical Supplies*

*Bowerman's Medical Supply*

155 9th St.  
S.F. CA 94103  
863-1020  
10% off physical therapy  
equipment

*Golden Years Medical*

Home Health Care Products  
1533 Ocean Ave.  
S.F. CA 94112  
333-0746  
10% off all cash items when  
Gold Card presented

## *Moving & Storage*

*Cardinal Packing*

Box 460706  
S.F. CA 94146  
759-5638  
15% off plus free boxes, exclud-  
ing boxes for electronics, mirrors,  
& pictures

*Glenn Hunter*

*Moving & Storage, Inc.*  
1240 Minnesota St.  
S.F. CA 94107  
826-4000  
25% off out of state shipments;  
10% off local storage

*Granny's Movers*

906 Divisadero St.  
S.F. CA 94115  
567-6146  
50% off all boxes

*Maxson Moving Services, Inc.*

339 Kirkham St.  
S.F. CA 94122  
665-4091  
10% off all moving services  
& materials

*Saagan Moving & Storage Co., Inc.*

5501 Third St.  
S.F. CA 94124-2606  
822-7200  
25% off on new packing  
materials; 50% off on used  
packing materials

## Paints

### *Classic Shades Painting Co., Inc.*

187 Coleridge St. #2  
S.F. CA 94110  
647-6224  
5% off regular bid price

### *Creative Paint & Hardware*

999 Geary St.  
S.F. CA 94109  
441-8850  
10% off Benjamin Moore paints,  
paint supplies & hardware

### *Hoffman Paint Co., Inc.*

3239 - 22nd St.  
S.F. CA 94110  
824-1787  
10% off retail price

### *Home Remedy Painting, Etc.*

1132 Taylor St.  
S.F. CA 94108  
885-6878  
10% off wallpapering  
& interior painting

### *Kelly Moore Paint Co.*

364 Divisadero St.  
S.F. CA 94117  
552-1606  
25% off Kelly-Moore Paint; 10%  
off wall coverings & sundries; not  
valid on sale items or spray  
equipment

### *Kelly Moore Paint Co.*

3414 Army St.  
S.F. CA 94110  
826-3440  
25% off Kelly-Moore Paint; 10%  
off wallcoverings & sundries;  
not valid on sale items or spray  
equipment

### *Kelly-Moore Paint Co.*

638 4th St.  
S.F. CA 94107  
896-5408  
25% off Kelly-Moore paint; 10%  
off wallcoverings & sundries;  
not valid on sale items or spray  
equipment

### *MacDonald Paint*

1200 Howard St.  
S.F. CA 94103  
863-0955  
20% off list on paint;  
10% off sundries

## Pet Shops & Supplies

### *Cals Discount Pet Supply*

5950 California St.  
S.F. CA 94121  
386-1720  
5% discount

*Crown Pet Shop*

1700 Ocean Ave.

S.F. CA 94112

333-4858

10% discount; card must be shown at time of sale

## Pharmacies

*1800 Sullivan Pharmacy*

1800 Sullivan Ave., Suite 102

Daly City CA 94015

756-1800

15% off on all regular non-sale merchandise, except candy, soda and tobacco; Rx's at 20% off regular charge

*A-G Pharmacy*

3636 Army St.

S.F. CA 94110

647-3757

20% off over-the-counter items, except candies, magazines & sale items; 10% off prescriptions

*Ace Pharmacy*

2505 Noriega St.

S.F. CA 94122

731-3535

10% off Rx & health items

*Budget Pharmacy*

1738 Polk St.

S.F. CA 94109

441-4885

10% off all merchandise, except candy and sale items

*Civic Center Pharmacy*

1198 Market St.

S.F. CA 94102

626-8080

10% off on Rx, sundries & health & beauty aids upon presentation of gold card before ring up; magazines, tobacco, food & sale items excluded

*Dessel's Pharmacy*

790 Irving St.

S.F. CA 94122

681-3300

10% off prescriptions and sundries

*Disernia's Pharmacy*

3149 Mission St.

S.F. CA 94110

824-4044

10% off durable medical equipment, complete discount program on prescriptions-delivery service

*Four-Fifty Sutter Pharmacy*

450 Sutter St. #410

S.F. CA 94108

392-4137

10% off prescriptions & over-the-counter merchandise

*Fuller Pharmacy, Inc.*

5009 Third St.

S.F. CA 94124

822-8334

Special discount on prescriptions & 10% off on over-the-counter merchandise

***Hall's Pharmacy***

6157 Geary Blvd.

S.F. CA 94121

751-1320

10% off all regularly priced merchandise, except candy, newspapers & sale items

***Merrill's***

1091 Market St.

S.F. CA 94103

431-7240

10% off all items, except tobacco products

***Merrill's***

390 Sutter St.

S.F. CA 94108

434-4711

10% off all items, except tobacco products

***Merrill's***

45 Montgomery St.

S.F. CA 94104

397-1667

10% off all items, except tobacco products

***Merrill's***

805 Market St.

S.F. CA 94103

781-1667

10% off all items, except tobacco products

***Merrill's***

265 Winston Dr.

S.F. CA 94132

681-4035

10% off all items, except tobacco products

***Merrill's***

138 Kearny St.

S.F. CA 94108

391-1334

10% off all items, except tobacco products

***Merrill's***

98 First St.

S.F. CA 94105

543-0577

10% off all items, except tobacco products

***Merrill's***

50 Fremont St.

S.F. CA 94105

777-4550

10% off all items, except tobacco products

***Merrill's***

5280 Geary Boulevard

S.F. CA 94118

668-2040

10% off all items, except tobacco products

***Mortar & Pestle Pharmacy***

2300 California St.  
S.F. CA 94115  
931-7200  
10% off professional fee on Rx's  
& over-the-counter items

***Reliable Drug Co.***

801 Irving St.  
S.F. CA 94122  
664-8800  
10% off prescriptions & all items  
except cigarettes, candy, maga-  
zines, liquor & sale items

***St. Francis Medical Center  
Pharmacy***

901 Hyde St.  
S.F. CA 94109  
776-4650  
10% off, except candy

***Thrift Drug Co.***

9 West Portal Ave.  
S.F. CA 94127  
681-2215  
10% off over-the-counter items;  
20% off Rx's

***Union Plaza Pharmacy***

2001 Union St.  
S.F. CA 94123  
563-7850  
10% off prescriptions & sundries,  
except sale items & candy

***Visitacion Valley Pharmacy***

100 Leland Ave.  
S.F. CA 94134  
239-5811  
10% off over-the-counter items;  
5% off Rx's

***West Coast Pharmacy***

601 Irving St.  
S.F. CA 94122  
664-0470  
10% off over-the-counter  
products, except candy & sale  
items; special prices on  
prescriptions

## *Photography Services*

***Cip Ayalin Photography & Video***

1155 Geneva Ave.  
S.F. CA 94112  
333-2524  
10% off all photography  
& video services

***Leetone Studio, Inc.***

615 Sansome St.  
S.F. CA 94111  
391-9890  
10% off passport, immigration  
photos, fingerprint,  
photofinishing & laminations;  
(cash only)

## Plumbing

### *Abrass Plumbing*

P.O. Box 471586  
S.F. CA. 94147-1586  
221-5115  
10% discount

### *Bright Plumbing*

26-A Steiner St.  
S.F. CA 94117  
626-3884  
10% off material

### *Clausen-Patten, Inc.*

633 Taraval St.  
S.F. CA 94116  
661-2050  
10% off materials, not labor

### *Grace Santana*

#### *Plumbing Contractor*

1475 Dolores St.  
S.F. CA 94110  
641-4740  
10% off labor & materials

### *Magic Plumbing & Rooter Services*

275 Monterey Blvd  
S.F. CA 94131  
334-3371  
10% off labor only

### *Pacific Plumbing & Heating*

2445 Greenwich St.  
S.F. CA 94123  
931-1482  
10% off material; residential only

### *Standard Plumbing & Hardware*

1019 Clement St.  
S.F. CA 94118  
221-1888  
10% off labor & materials on  
plumbing services & drain  
cleaning; 10% off in store except  
sale items

## Podiatrists

### *Excelsior Foot & Ankle Clinic*

4465 Mission St.  
S.F. CA 94112  
333-0676  
20% off services not covered  
by medicare

### *Farac, Karen, DPM, MS*

Podiatric Medicine & Surgery  
SF, Bay Area Home Visits  
P.O. Box 347425  
S.F. CA 94134-7425  
333-7393 - S.F.  
(408) 281-7474 - San Jose  
Medicare assignment accepted;  
all others 20% discount

### *Ocean Avenue Podiatry Group*

2411 Ocean Ave. #101  
S.F. CA 94127  
585-5400  
10% off uncovered  
medicare services

***Pacific Coast Hospital & Clinics***

1835 Ellis St.  
S.F. CA 94115  
563-3444  
20% off outpatient surgeries,  
clinic therapy & other services

***S.F. Foot & Ankle Center,  
A Podiatry Group, Inc.***

1 Shrader St. Suite 500  
S.F. CA 94117  
750-1992  
Medicare assignments accepted  
all others 10% discount

***Stern, Joseph D.P.M.***

410 16th Ave  
S.F. CA 94118  
387-7333  
20% off uncovered services

***Stonestown Podiatry Group***

595 Buckingham Way #330  
S.F. CA 94132  
731-6700  
Medicare assignments accepted  
all others 10% discount

***Printing***

***H & R Graphics***

1385 27th Ave.  
S.F. CA 94122  
753-8989  
20% discount

***Real Estate***

***A & A Realty & Mortgage***

3435 Mission St.  
S.F. CA 94110  
285-1225  
10% off all fees & commission

***Focus Realty***

Robert Farac  
101 St. Mary's Ave.  
S.F. CA 94112  
334-6018  
15% off commission

***Restaurants***

***Barbary Coast Restaurant & Bar***

215 West Portal  
S.F. CA 94127  
566-5700  
10% discount

***Bill's Place***

2315 Clement St.  
S.F. CA 94121  
221-5262  
10% off except when another  
offer is used

***Bobby Rubino's Place for Ribs***

245 Jefferson St.  
S.F. CA 94133  
673-2266  
10% off food purchases

***Capp's Corner II***

1600 Powell  
S.F. CA 94133  
989-2589  
10% off plus one complimentary  
glass of wine with lunch or  
dinner

***Castagnola's Restaurant***

286 Jefferson St.  
S.F. CA 94133  
775-2446  
Three daily specials from  
\$5.95 - \$7.95; "Catch of the Day"  
(fresh fish) \$7.95

***Celia's #1 Restaurant***

4019 Judah St.  
S.F. CA 94122  
564-0662  
10% off total purchase

***Cheese Steak Shop, The***

1716 Divisadero St.  
S.F. CA 94115  
346-3712  
10% off; alcoholic beverages not  
included & not valid with other  
discounts

***Cheese Steak Shop, The***

1054 University Ave.  
Berkeley CA 94710  
(510) 845-8689  
10% off any purchase

***Cheese Steak Shop, The***

3308 Lakeshore Ave.  
Oakland CA 94610  
(510) 832-6717  
10% discount

***El Toreador***

50 West Portal Ave.  
S.F. CA 94127  
566-8104  
10% off on food only; between  
11:00 a.m. - 5:30 p.m.

***Freddie's Sandwiches, Inc.***

300 Francisco St.  
S.F. CA 94133  
788-9457  
10% discount

***Gaspare's Pizza House  
& Restaurant***

5546 Geary Blvd.  
S.F. CA 94121  
387-5025  
15% discount

***Joe's Cable Car Restaurant***

4320 Mission St.  
S.F. CA 94112  
334-6699  
10% off between 2:00 - 6:00 p.m.,  
Monday thru Friday

***La Posada***

2298 Fillmore St.  
S.F. CA 94115  
922-1722  
20% discount on food only

**Leticia's**

2223 Market St  
S.F. CA 94114  
621-0442  
20% off food only

**Line-Up**

398 - 7th St.  
S.F. CA 94103  
861-2887  
20% off food only

**Lyons Restaurant**

2 Poncetta Dr.  
Daly City CA 94015  
756-6076  
10% off entire check

**Mabarani**

1122 Post St.  
S.F. CA 94109  
775-1988  
10% off on total bill

**Mayes Oyster House**

1233 Polk St.  
S.F. CA 94109  
474-7674  
Early Dinner 3:30 - 6:00 p.m. -  
\$8.50; Senior Special on Saturday,  
11:30 a.m. - 4:30 p.m. - \$7.95

**Pirro's Pizzeria**

2244 Taraval St.  
S.F. CA 94116  
731-4545  
10% off on all items

**Popeye's Famous Fried Chicken  
& Biscuits**

1106 Market St.  
S.F. CA 94102  
864-1800  
10% discount

**Popeye's Famous Fried Chicken  
& Biscuits**

5201 3rd St.  
S.F. CA 94124  
822-6862  
10% discount

**Popeye's Famous Fried Chicken**

1426 Fillmore St.  
S.F. CA 94115  
567-1748  
10% discount

**Samurai Nippon**

2365 Chestnut St.  
S.F. CA 94123  
346-9399  
10% off on Mon. - Wed.  
cash customers only

**South Pacific Seafood**

2500 Noreiga St.  
S.F. CA 94122  
564-3363  
10% off for lunch & brunch

**Subway Sandwiches & Salads**

1500 Fillmore St.  
S.F. CA 94115  
771-5583  
\$.50 off any 6" sandwich; \$1.00  
off any foot long sandwich. Not  
to be used with other discounts

*Subway Sandwiches & Salads*

5650 Geary Blvd.  
S.F. CA 94121  
386-8223  
10% off (excluding sales or  
promotions) 5% off 6 ft. giant  
party subs

*Subway Sandwiches & Salads*

1250 Market St.  
S.F. CA 94102  
621-1249  
10% discount

*Zim's Laurel*

3473 California St.  
S.F. CA 94118  
387-7771  
10% discount; not good with any  
other discount or promotions

*Zim's Taraval*

901 Taraval St.  
S.F. CA 94116  
681-4743  
10% discount; not good with any  
other discount or promotions

*Zim's Van Ness*

1090 Van Ness Ave  
S.F. CA 94109  
885-2620  
10% discount; not good with any  
other discount or promotions

*Zim's Van Ness & Market*

1498 Market St.  
S.F. CA 94102  
431-0600  
10% discount; not good with any  
other discount or promotions

## *Self Defense Courses*

*Academy of Tae Kwon Do*

988 Oak St.  
S.F. CA 94117  
864-4827  
10% off all workshops; 20% off  
ongoing Tae Kwon Do classes

*Boldizar Karate School*

1307 Castro St.  
S.F. CA 94114  
826-6123  
20% discount

## *Shoe Sales & Repairs*

*Astrid's Rabat Shoes*

3909 24th St.  
S.F. CA 94114  
282-7400  
10% off all regularly priced  
merchandise

*Marina Shoe Repair*

1951 Chestnut St.  
S.F. CA 94123  
563-1387  
10% off shoe repair

*Renato Shoe Repairs*  
1405 Market St.  
S.F. CA 94103  
626-0481  
15% discount

*Wooden Heel Shoe Repair, The*  
4071 24th St.  
S.F. CA 94114  
824-9399  
10% off all repairs

## *Stationers & Office Supplies*

*Downtown Stationers*  
119 New Montgomery  
S.F. CA 94105  
392-8085  
10% off all listed catalog items

## *Tailor*

*Joseph Festinese*  
1437 Stockton St.  
S.F. CA. 94133  
392-1245  
15% off market price,  
except sale items

## *Television, VCR & Radio Sales & Repairs*

*Beta-Tronics*  
3386 -18th St.  
S.F. CA 94110  
431-8200  
5% off sale; 10% off labor

*Ernie's TV Service*  
503 Jones St.  
S.F. CA 94102  
673-1356  
20% off on all repairs

*F & R Electronics*  
1195 Geneva St.  
S.F. CA 94112  
585-3110  
10% off labor & parts

*Flash TV Sale & Service*  
46 Leland Ave.  
S.F. CA 94134  
239-6572  
\$3.50 off on service calls;  
5% off on sales

*Melody Video & Sound Corp*  
2163 Polk St.  
S.F. CA 94109  
474-6181  
10% off services, 5% off  
merchandise; sale items excluded

*Stanley's TV & Radio*

2352 Mission St.  
S.F. CA 94110  
285-8787  
10% off repairs & items  
not on sale

*Sunset Richmond*

*T.V. & VCR Repairs*  
1885 11th Ave.  
S.F. CA 94122  
564-3890  
15% off repairs

*Wong's TV-Radio Service*

59 Waverly Place  
S.F. CA 94108  
781-0535  
10% off all sales of chinese tapes,  
records, CDS, rice cookers, all  
other electrical products & all  
repairs

## *Thrift Shops*

*Cathedral School Shop*

1036 Hyde St.  
S.F. CA 94109  
776-6630  
20% off on Wednesdays

*Hospice Thrift Shop*

1173 Sutter St.  
S.F. CA 94109  
673-3030  
10% off all non-sale items daily;  
20% off non-sale items Tuesdays  
only

*Purple Heart Veterans Thrift Shop*

1855 Mission St.  
S.F. CA 94103  
621-2581  
30% off all merchandise on  
Mondays, except mattresses &  
special purchase items

## *Travel Services*

*Cruise Holidays*

1299 Church St.  
S.F. CA 94114  
550-1899  
10-50% off over 2,000 Cruises;  
In addition Gold Card holders  
will receive special onboard ship  
credits

*Cruise Time*

1 Hallidie Plaza #406  
S.F. CA 94102  
677-0777  
5-50% off on every sailing cruise

*Ultimate Travel Services*

598 Bosworth St. #1  
S.F. CA, 94131  
239-8990  
Airline discount to senior  
plus a 5% discount from  
Ultimate Travel

## *Veterinarians*

### *24th Street Animal Clinic*

2400 24th Street  
S.F. CA 94110  
285-9300  
10% discount

### *Animal Farm Pet Hospital*

5601 Mission St.  
S.F. CA 94112  
333-0813  
10% discount

### *Especially Cats Veterinary Hospital*

1339 Taraval St.  
S.F. CA. 94116  
681-5553  
10% off all services; prescriptions  
& supplies excluded

### *Irving Street Veterinary Hospital*

1434 Irving St.  
S.F. CA 94122  
664-0191  
10% off professional services-  
seniors 65 & older

### *Marina Pet Hospital*

2024 Lombard St  
S.F. CA 94123  
921-0410  
10% off all services

### *Ocean Ave. Veterinary Hospital*

1001 Ocean Ave.  
S.F. CA 94112  
586-5327  
10% off all services, pet food  
& supplies

### *Park Animal Hospital*

1207 9th Ave.  
S.F. CA 94122  
753-8485  
10% off on services  
not on pharmacy items

### *Pets Unlimited*

2343 Fillmore St.  
S.F. CA 94115  
563-6700  
10% off professional services only

### *Presidio Way Veterinary Hospital*

2701 Sutter St.  
S.F. CA. 94115  
861-6752  
10% off services

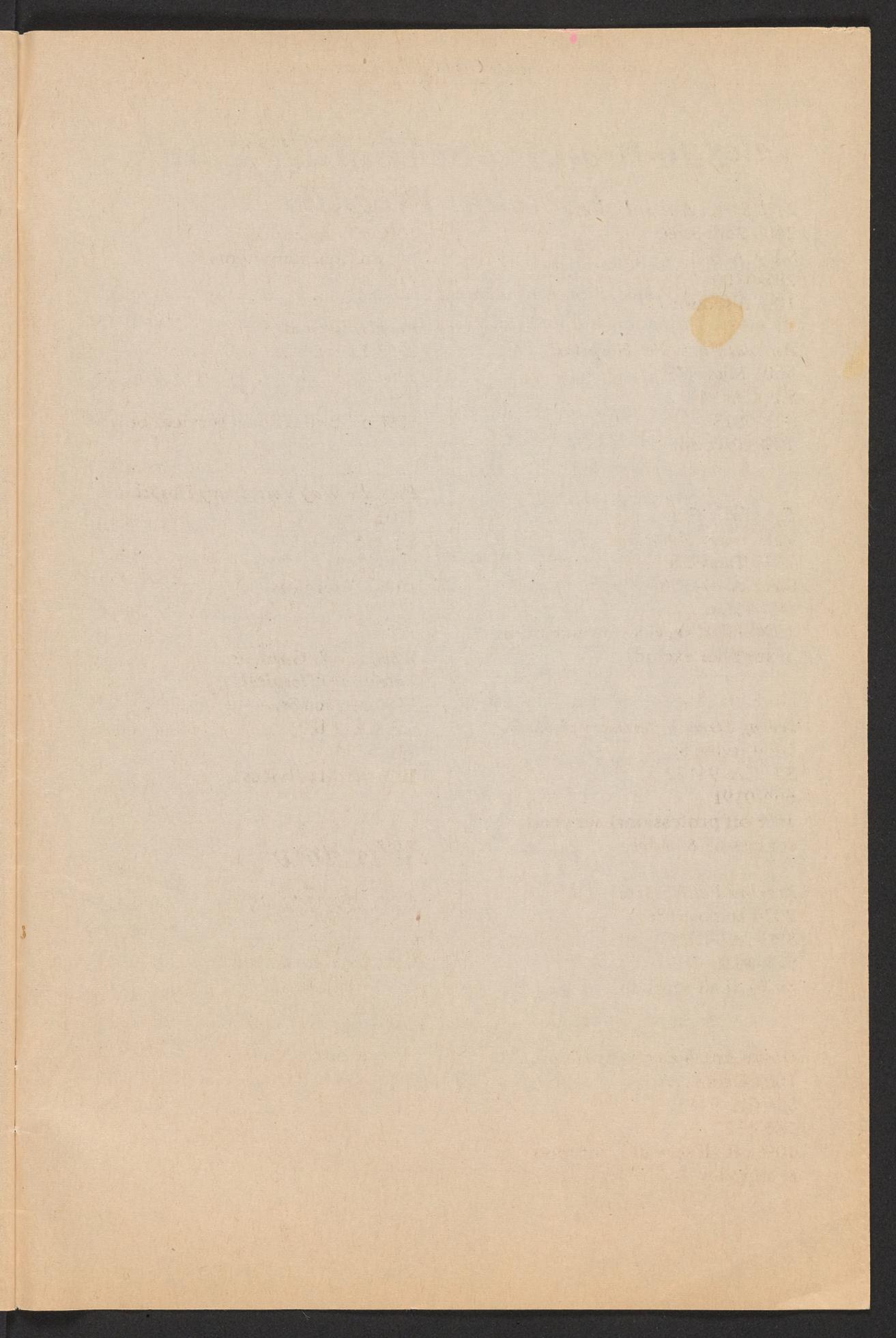
### *Woodward's Gardens Veterinary Hospital*

1760 Mission St.  
S.F. CA 94103  
431-0220  
10% off all services

## *Window Coverings*

### *Theo Defriese & Sons*

2300 Keith St.  
S.F. CA 94124  
822-1400  
10% of cash & carry



# *San Francisco Senior Gold Card Discount Program*

## **Frequently Used Numbers**

<b>Emergency- Police, Fire, Ambulance .....</b>	<b>911</b>
<b>Senior Information and Referral .....</b>	<b>626-1033</b>
Adult Day Health Centers .....	626-1033
Adult Protective Services .....	557-5230
Commission on the Aging .....	864-6051
Employment Information .....	626-1033
Food Stamp Information .....	558-1000
Friendship Line .....	752-3778
Geriatric Mental Health (Administration) .....	255-3441
Gold Card/Muni I.D. Information .....	626-1033
Gray Panthers .....	552-8800
Housing Authority .....	554-1200
Independent Housing Service .....	441-6781
In-Home Support Services Information .....	626-1033
Legal Assistance to the Elderly .....	861-4444
Mayor's Citizen's Assistance .....	554-7111
Meals on Wheels .....	495-3333
Medi-Cal .....	863-9892
Medicare Information .....	1-800-952-8627
Muni Information .....	673-6864
Nutrition Sites .....	626-1033
Ombudsman .....	255-6010
Paratransit Service .....	202-9903
Retired Senior Volunteer Program .....	731-3335
Senior Action Network (SAN) .....	863-2033
Senior Centers .....	626-1033
Senior Escort .....	695-5180
SHARE .....	362-2506
Social Security .....	1.800-772-1213
Surplus Food Information .....	863-2121

From The Library Of  
LEE BROWN

From The Library Of  
LEE BROWN

## SENIOR GOLD CARD MERCHANTS ADDENDUM

Since publication of the Merchant's Directory there have been some changes. This addendum contains information about corrections, deletions and additions. Information is current as of July 1995. Many businesses who offer discounts for seniors have their own special programs and are not mentioned in the directory. Check with such establishments as Cala Markets, Lyon's Restaurants, Ross Dress for Less, and F. W. Woolworth Company Variety Stores for their senior discount days. Please let us know of any other merchants or businesses who offer discounts to their senior customers.

Another suggestion is to read the San Francisco Independent that advertises businesses and restaurants who provide discounts to seniors. Airlines, Amtrak, and Greyhound all have discounts for seniors. Whenever you shop, simply ask the clerk, "Do you offer discounts to seniors?" Most businesses will say "Yes." If you come across a merchant or business interested in participating in the Senior Gold Card Program, have them call us at (415) 626-1033.

### CORRECTIONS

Under Hair Care, page 14, Moler Barber College; change description of discount to tapered haircut - \$3.75 instead of \$3.00.

Under Pharmacies, page 22, Civic Center Pharmacy; change description of discount to read 10% off our regular Rx prices, sundries and health and beauty aids upon presentation of gold card before ring up. Magazines, tobacco, food and sale items are excluded.

### DELETIONS

Under Department and Variety stores page 7, remove all Headline Stores. They no longer provide a discount to gold card holders.

Under Grocery and Health Food, page 13, remove Shaklee Authorized Distributor 1000 Sutter Street #812, San Francisco, CA 94109.

## NEW MERCHANTS

### **ARTS and CRAFTS**

#### **Cooperative Popular Teodosia**

Hand Made Arts and Crafts

4300-A Cortland Avenue

San Francisco, CA 94110

Phone: (415) 642-9223

15% to 25% off on everything in the store.

Hours: Tuesday - Friday 1-8 p.m. Sat-Sun-  
Holidays 11 a.m. - 7 p.m.

### **DENTISTS**

#### **Creative Dentistry**

Ellen C. Gotay, D.D.S.

Phone: (415) 585-6841 - 1-800 SMILES 8

Home visits for dentures, partials and denture repairs. 10% off all denture work when gold card presented. No additional charge for home visit.

#### **Smile America**

120 Battery Street

San Francisco, CA 94111

Phone: (415) 391-4466

10% off all services

### **DEPARTMENT and VARIETY STORES**

#### **AFAM COFFEE CO./Home Delivery**

1426 Fillmore Street, Ste 207

San Francisco, CA 94115

Order center only.

Phone: (415) 292-5643/1-800-400-5643

10% off all coffees, purchases of \$15.00 or 2 lbs.

(Home delivery service).

### **DEPARTMENT and VARIETY STORES**

(continued)

#### **National Dollar Stores**

at the following locations:

1633 Fillmore Street

Phone: (415) 346-5310

English, Chinese and Spanish spoken

929 Market Street

Phone: (415) 546-3828

2610 Mission Street

Phone: (415) 282-2057

660 Broadway

Phone: (415) 362-7533

English and Chinese Spoken

### **FURNITURE SALES and REPAIRS**

#### **Basic Bookshelves**

555 Hayes Street

San Francisco, CA 94102

Phone: (415) 863-5864

10% discount - except custom orders.

### **GOLF**

#### **Mission Bay Golf Center**

1200 Sixth Street

San Francisco, CA 94107

Phone: (415) 431-7888

\$5.00 for bucket of balls - includes coffee or tea & muffin

## NEW MERCHANTS

### HEALTH and FITNESS CENTERS

#### International Center

50 Oak Street  
San Francisco, CA 94102  
Phone: (415) 863-7676

\$2.00 per visit for unlimited use of facilities.  
\$50.00 per quarter.

#### Parkside Fitness Club

1647 Taraval Street  
San Francisco, CA 94116  
Phone: (415) 731-0880

10% off all membership to Gold Card Holders.

### HOME MAINTENANCE

#### Jack of All Trades

Home Maintenance  
463 Huron Avenue  
San Francisco, CA 94112  
Phone: (415) 587-6862

10% discount on all services including labor and material . Free Estimates.

### HOTELS

#### Mosser Victorian Hotel/Market Roastery Restaurant

54 Fourth Street  
San Francisco, CA 94103  
Phone: (415) 986-4400

20% discount on hotel rooms and 20% discount on dinner menu.

### LEGAL

#### Law Offices of Donald Bloom

3130 24th Street #A  
San Francisco, CA 94110  
Phone: (415) 282-9955

Simple wills for \$75.00. Complete Living Trust Package for \$400.00. Bankruptcies for \$400.00 or hourly fees at \$50.

Languages: English and Spanish

#### Law Office of Lane Parker, Esq.

707 Cortland Avenue  
San Francisco, CA 94110  
Phone: (415) 826-6900

\$80/hour for hourly work and 25% off personal injury and probate.

### MEDICAL SUPPLIES

#### Abbey Home Health Care

390 9th Street  
San Francisco, CA 94103  
Phone: (415) 864-6999

10% off all cash sales and rentals when gold card presented.

#### Medical Products Corporation

Medical Supplies  
760 Market Street, Ste. 1029  
San Francisco, CA 94102  
Phone: (415) 397-7070

15% off on cash items. Free delivery

## NEW MERCHANTS

### **MOVING and STORAGE**

#### **Galaxy Moving Services**

644A San Bruno Avenue  
San Francisco, CA 94107  
Phone: (415) 285-1518

10% discount off total service cost.

### **PHARMACIES**

#### **Franklin Pharmacy**

1508 Franklin Street  
San Francisco, CA 94109  
Phone: (415) 775-3917

10% off over-the-counter merchandise (not good with any other discount or promotions).  
Special discount on prescriptions.

#### **Golden Gate Pharmacy**

1844 Noriega Street  
San Francisco, CA 94122  
Phone: (415) 661-0790

10% off over-the-counter merchandise.  
Special discount on prescriptions.

### **RESTAURANTS**

#### **The Barking Basset Cafe**

Breakfast and Lunch  
803 Cortland Avenue  
San Francisco, CA 94110  
Phone: (415) 648-2146

10% off any meal.

Hours: 7 a.m. - 3 p.m., Monday - Friday.  
8 a.m. - 3 p.m., Saturday and Sunday.  
Closed Tuesday.

### **SHOE SALES and REPAIR**

#### **Geary Shoe Repair & Services**

6242 Geary Boulevard  
San Francisco, CA 94121  
Phone: (415) 221-6101

10% on all shoe repair as-well-as women's handbags and making extra holes in leather belts.

Hours: Monday - Friday, 8 a.m. - 7 p.m.  
Saturday, 8 a.m.- 6 p.m.

### **TV, VCR and RADIO**

#### **Gene's Stereo Sound Service**

1800 Market #133  
San Francisco, CA 94102  
Phone: (415) 553-3751

10% off labor charges for repair or installation of home and car stereo equipment, VCR's, answering machines and musical instruments amplifiers. Parts at cost. House calls at no extra charge.

### **VETERINARIANS**

#### **Blue Cross Pet Hospital**

1386 Golden Gate Avenue  
San Francisco, CA 94115  
Phone: (415) 931-9302

10% off all professional services.  
Pet food and supplies excluded.

CALIFORNIA ASSOCIATION  
FOR OLDER AMERICANS

805 HOWARD STREET  
SAN FRANCISCO CA

94103-3009

SENIOR GOLD CARD MERCHANTS' DIRECTORY  
ADDENDUM

CORRECTIONS:

Under Restaurants page 30, Coffee Cantata, 2030 Union St. change name and address to Coffee Cantata Deli, 1980 Union St.

Under Podiatrists page 28 change the address for Van Ness Podiatry to 2000 Van Ness Ave. Suite #703.

Under T.V./Radio/Video page 33 Downtown T.V. change \$12.50 housecalls, reg. \$19.50 to \$19.50 housecalls, reg. \$29.95.

Under Paints page 23, Kelly-Moore Paint Co. change address from 1653 Valencia St. to 3414 Army St.

Under Entertainment page 10, Magic Theatre change discount to Half off the regular ticket price on any Weds, Thurs, or Sunday performance.

Under Moving & Storage page 22 add another phone number for East Bay 779-7329

Under Hearing Aids page 18, change Stonestown Hearing Aid Center to San Bruno Hearing Aid Center, new address is 256 El Camino Real, San Bruno, Ca. 94066, phone 737-5720

Under Entertainment page 10, San Francisco Museum of Modern Art change admission fee from \$1.50 to \$2.00.

DELETIONS:

Under Bakeries, House of Bagels on 2427 Noriega St. out of business.  
Under Furniture page 14 delete Barnal Furniture Co., Inc., Out of Business.

Under Hobby Shops page 18 delete By Design., Retired.

Under Restaurants page 29 delete Bill's Place on 56 Lakeshore Pl. and on 1358 9th Ave.

NEW MERCHANTS:

AIR FILTERS

National Safety Associates-  
Independent Distributor  
3524 21st St.  
S.F. Ca. 94114  
821-0432

10% off Air Filters

AIRPORT TRANSPORTATION:

Good Neighbors Airport Shuttle  
33 Harriet St. #7  
S.F. Ca. 94103  
777-4899 (from S.F.)  
875-7552 (from airport)

20% discount; senior fare \$8.00

ANTIQUES

Gaslight & Shadows Antiques  
2335 Clement St.  
S.F. Ca. 94121  
387-2834

20% discount

BOTTLED WATER/FILTERS

National Safety Associates-  
Independent Distributor  
3524 21st. St.  
S.F. Ca. 94114  
821-0432

10% off water filters

Castle Lanes  
1750 Geneva Ave.  
S.F. Ca. 94134  
586-9550

.75 cents per game 9am-5pm Mon  
thru Fri. (Free Shoe Rental)

CANDY

Steve's Sweeties  
Ghirardelli Square  
900 North Point St.  
S.F. Ca. 94109  
474-3346

Steve's Sweeties  
118 Strawberry Village  
Mill Valley, Ca. 94941

10% off all purchases including  
truffles, Ghirardelli chocolates,  
sugar-free chocolates and candies.

CARPET CLEANING

Ace Chem-Dry  
309 Judah St.  
S.F. Ca. 94122  
681-2858

15% off with \$40 minimum charge

CHIROPRACTORS

Financial Area Chiropractic  
607 Market St.  
S.F. Ca. 94105  
546-6906

Free initial consultation &  
examination: 10% off thereafter

DENTAL

Baldwin, Louie D.D.S.  
646 Clement St.  
S.F. Ca. 94118  
221-1324

20% discount

Cohen Dental Care  
311 California St.  
S.F. Ca. 94104  
433-9032

15% discount

Ellerhorst, Thomas C. D.D.S.  
Silvestri, Ann Marie D.D.S.  
2300 Sutter St. Suite 204  
S.F. Ca. 94115  
921-0434

10% discount

Gloeckner, Bruce W. D.D.S.  
595 Buckingham Way #505  
S.F. Ca. 94132  
664-4733

10% off all services provided

Syers, Charles S. D.D.S.  
Oral & Maxillofacial Surgery  
4141 Geary Blvd. Ste.406  
S.F. CA.94118  
387-5885

15% off oral surgery & claim  
processing to medicare

EYE CARE

Four Fifty Sutter Opticians  
450 Sutter St.  
S.F. Ca. 94108  
421-4520

20% off complete pair of  
eye-glasses

Hiura & Hiura, Drs.  
1418 Polk St.  
S.F. Ca. 94109  
776-2352

10% off professional services  
15% off prescription eyewear when  
insurance not utilized

Taraval Eye Care - Optometric Center  
Dr. Feldman & Dr. Chan  
834 Taraval St.  
S.F. Ca. 94116  
664-2022

10% discount

HARDWARE STORES/RENTAL

Bayview Annex  
6138 Geary Blvd.  
S.F. Ca. 94121  
386-9112

10% off merchandise only

HEALTH FOOD STORE

Harvest Ranch Market  
2285 Market St.  
S.F. Ca. 94114  
628-0805

15% off all purchases

HEALTH MISCELLANEOUS

Nina Galin  
Certified Massage Therapist  
226 Lexington St.  
S.F. Ca. 94110  
(415) 282-4928

15% off on a 75 minute massage  
treatment (\$29.75 or \$38.25 for  
a home visit)

HOME MAINTENANCE

A.J. Electric  
3621 Ulloa St.  
S.F. Ca. 94116  
566-1101

10% discount

Classic Shades Painting  
187 Coleridge St. #2  
S.F. Ca. 94110  
647-6224

10% discount

HOTELS

Richelieu Hotel  
1050 Van Ness Ave.  
S.F. Ca. 94109  
673-4711

\$62.00 senior rate

LEGAL SERVICES

Law Offices of Gary D. Berger  
1 Sansome St., Suite 1900  
S.F. Ca. 94104  
731-2268

10% discount, living trusts, wills,  
living wills, power of attorney,  
estate planning.

MOVING & STORAGE

Granny's Mover's  
906 Divisadero St.  
S.F. Ca. 94115  
567-6146

50% off on boxes, free delivery  
in S.F. if you move with us

PHARMACIES

Fuller Pharmacy, Inc.  
5009 Third St.  
S.F. Ca. 94124  
822-8334

10% off over-the-counter items

PET SHOPS

Birds Everything Cockatiels  
5201 Mission St.  
S.F. Ca. 94112  
469-9911

10% off all birds & related  
items, from cages to seeds

Cals Discount Pet Supply  
5950 California St.  
S.F. Ca. 94121  
386-1720

5% discount

PODIATRISTS

Pacific Coast Hospital & Clinics  
1210 Scott St.  
S.F. Ca. 94115  
563-8070

20% off outpatient surgery,  
clinic therapy & other services

RESTAURANTS

Bobby Rubino's Place For Ribs  
245 Jefferson St.  
S.F. Ca. 94133  
673-2266

10% off any entree purchase,  
not valid with any other  
promotion or offer

Bob's Diner  
2327 Mission St.  
S.F. Ca. 94110  
648-0504

10% off everything  
except alcohol

RESTAURANTS

Capp's Corner  
1600 Powell St.  
S.F. Ca. 94133  
989-2589

10% off & one complimentary  
glass of wine with lunch or  
dinner

Charley Brown's  
2801 Leavenworth  
S.F. Ca. 94101  
776-3838

10% off any dinner entree  
excluding Prime Time dinners  
or other promotional offers

Chez Mollet  
527 Bryant St.  
S.F. Ca. 94107  
495-4527

10% off on dinner, between  
5:30 - 7:00pm, Mon-Thurs,  
Alcoholic Beverages excluded

Guadalajara De Noche Restaurant  
2981-24th St.  
S.F. Ca. 94110  
695-1190

10% off on food & 50 cents  
of any cocktail or beer

La Posada  
2298 Fillmore St.  
S.F. Ca. 94115  
922-1722

20% discount

Leticia's  
2223 Market St.  
S.F. Ca. 94114  
621-0442

20% discount

Line-Up  
398-7th St.  
S.F. Ca. 94103  
861-2887

20% discount

RESTAURANTS CONT'

Lyon's Restaurant  
2 Poncetta Dr.  
Daly City, Ca. 94015  
756-6076

10% off any item

Magic Pan Restaurant  
900 Northpoint St.  
Ghiraradelli Square  
S.F. Ca. 94109  
474-6733

Magic Pan Restaurant  
341 Sutter St.  
S.F. Ca. 94109  
788-7397

20% off on purchase of Entree  
4-6pm. Daily. Not valid on  
specific holidays & with other  
promotions. Alcohol not included.

Piano Zinc Restaurant & Take out  
708-14th St.  
S.F. Ca. 94114  
431-5266

10% off on meals & take out food

Subway Sandwiches  
1250 Market St.  
S.F. Ca. 94102  
621-3300

.50 cents off any sandwich or  
salad anytime excluding sale or  
promotion items.

Subway Sandwiches & Salads  
1500 Fillmore St.  
S.F. Ca. 94115  
771-5583

10% off, not valid on in-store  
promotions & 6 feet giant party subs

Tonto's Cantina & Restaurant  
3155 Vicente St.  
S.F. Ca 94116  
681-3155

20% off on purchase of Entree,  
daily from 11:30 to 5:00 pm.  
Alcohol not included & not  
valid with another promotion

PACKING

Cardinal Packing  
BOX 460706  
S.F. Ca. 94146  
285-1521

15% off plus no charge for  
standard size boxes

PLUMBING

Grace M. Santana, Plumbing Contractor  
1475 Dolores St.  
S.F. Ca. 94110  
641-4740

10% off labor & materials

SELF-DEFENSE

National Self-Defense Alliance  
988 Oak St.  
S.F. Ca. 94117  
864-4827

"Dealing with violent behavior"  
Self-defense Workshop for Seniors  
\$40, Reg. \$50

TRAVEL SERVICES

Ultimate Travel Services  
598 Bosworth St. Suite 1  
S.F. Ca. 94131

239-8990

5% discount or more,  
depending on destination

Updated 12/09/91

gcadde



NAME	LOCATION	STATUS
THE ALEXANDER Beverly Black, Manager	230 Eddy Street SF, CA 94102 441-0260	All units Section 8. Some vacancies. Accepting applications. Pets permitted. No kitchen appliances allowed. Laundry room available.
ALEXIS APARTMENTS Brenda Thomas, Manager	390 Clementina St. SF, CA 94103 495-3690	Full. Call in Jan. 1993 for application.
ALL HALLOWS COMMUNITY Sister Grace, Manager	1711 Oakdale St. SF, CA 94124 550-1637	Full. Call for an appointment to fill out application.
ALL HALLOWS GARDENS Elizabeth Burns, Manager	65 Navy Road SF, CA 94124 826-5200	Full. Call for a periodic update.
ANTONIA MANOR Gary Sahn, Manager	180 Turk Street SF, CA 94102 771-2446	Full. Accepting applications. Preference given to displaced seniors and disabled. No cooking facilities.
APARTMENTS DE LA ESPERANZA Patty Galvan, Manager	3590 19th Street SF, CA 94110 647-7191	Full. Takes Section 8 tenants. Call for a periodic update. Must be Special Preference Seniors.
ASPEN TENDERLOIN I Ed Senica, Manager	165 Turk St. SF, CA 94102 673-5879	Full. Accepting applications. Will accept disabled. Two year waiting list.
ASPEN TENDERLOIN II Ed Senica, Manager	249 Eddy St. SF, CA 94102 673-5879	Full. Accepting applications. Will accept disabled.
BETHANY CENTER Jerry Brown, Manager	580 Capp St. SF, CA 94110 821-4515	Full.. Taking application for couples, and singles Obtain fact sheet and application in person then get on the waiting list.

CASA COSTANZO Adele Divarco, Manager	615 Union Street SF, CA 94133 397-3350	Vacancies. Accepting applications for 70 years old or younger Italians. Must be ambulatory.
CASA DE VIDA Sherwin Bailey, Manager 9-1 Mon, Tue, Thur & Fri.	5157 Diamond Heights SF, CA 94131 648-4990	Full. Accepting applications for clients using wheelchairs.
CEATRICE POLITE Albert Lee, Manager	321 Clementina SF, CA 94105 543-6207	Full. Call every 6 months for an update.
CRESCENT MANOR Laura Mason, Manager	467 Turk St. SF, CA 94102 441-4919	Full. Accepting applications for waiting list. Apply in person. 100% Section 8. Must be a Special Preference Senior (*).
DOROTHY DAY COMPLEX Gay Weber, Manager	54 McAllister St. SF, CA 94102 431-9155	Full. Check in Nov. '92 for application status.
EL BETHEL ARMS Frances Berks, Manager	1234 McAllister St. SF, CA 94115 567-3950	Full. Call for a periodic update.
EL BETHEL TERRACE Frances Berks, Manager	1055 Fillmore St. SF, CA 94115 567-3950	Full. Call for a periodic update.
EASTERN PARK APARTMENTS Jane Diephis, Manager	711 Eddy St. SF, CA 94109 776-0114	Full. Takes Section 8 & Special Preference Seniors (*). Call for a periodic update.
FELLOWSHIP MANOR Pamela Booth, Manager	1201 Golden Gate Ave. SF, CA 94115 922-0154	Full. Studios only. Takes Section 8 & Special Preference Seniors (*). Call for a update monthly.
FRANCIS OF ASSISI GARDENS Lee Greever, Manager	145 Guerrero St. SF, CA 94103 621-4092	Full. Call for a yearly update.
FRANCISCAN TOWERS Fredia Hall, Manager	217 Eddy St. SF, CA 94102 673-0150	Vacancies. Take Section 8 & Special Preference Seniors (*). Disabled units available.
GOLDEN GATE APARTMENTS Bob Hodges, Manager	1820 Post St. SF, CA 94115 921-3469	Full. Call for a periodic update.

JONES MEMORIAL HOMES I Betty Figgins, Manager	1640 Steiner St. SF, CA 94115 922-4770	Full. Applications available Sept. 1992. Go in person.
JONES MEMORIAL HOMES II Betty Figgins, Manager	2045 Sutter St. SF, CA 94115 922-4770	Full. Applications available Sept. 1992. Go in person.
JONES SENIOR HOMES Betty Figgins, Manager	1727 Fillmore ST. SF, CA 94115 922-4770	Full. Applications available Sept. 1992. Go in person.
LASSEN APARTMENTS Veronica Simon. Manager	441 Ellis St. SF, CA 94102 885-0407	Full. Sect. 8 bldg. for seniors & disabled. Check in 4/92 for application update.
MARIA MANOR Marty Walsh, Manager	174 Ellis St SF, CA 94102 397-7220	Accepting applications. Takes Section 8 tenants. Apply in person. Income from \$18,500 to \$26,600.
MARLTON MANOR Pat Kinison, Manager	240 Jones St. SF, CA 94102 885-0361	Vacancies. Accepting applications 8 to 5 pm. Meal program.
MARTIN LUTHER TOWER Richard Shinn, Manager	1001 Franklin St. SF, CA 94109 771-9931	Full. Check in Jan. each year for application status. 1 - 3 yr. wait for studio. 3-5 yr. wait for 1 bedroom.
MENDELSON HOUSE Albert Lee, Manager	737 Folsom SF, CA 94103 543-6207	Full. Call for a periodic update.
MENORAH PARK Judy Teitler, Manager	3365 Sacramento St. SF, CA 94118 929-7912	Full. Long waiting list. Call for periodic update.
MERCY TERRACE Bob Prettyman, Manager	333 Baker St. SF, CA 94117 931-2325	Full. Call for a periodic update.
MONSIGNOR/LYNE COMMUNITY Isabel Questell, Manager	118 Diamond St. SF, CA 94114 255-8004	Full. Check once a year in Nov. Possible applications in Jan.'93. Takes Section 8.
NAMIKI APARTMENTS Joyce Evans, Manager	1776 Sutter St. SF, CA 94115 922-1788	Full. Call for a periodic update.
NIHONMACHI TERRACE Carol Park-Li, Manager	1615 Sutter St. SF, CA 94109 346-1200	Full. Call yearly for an application update.

NOTRE DAME APARTMENTS Patricia Gibson, Manager	1590 Broadway SF, CA 94109 673-2011	Full. Call for periodic update.
O'FARRELL TOWERS Wayne Belnap, Manager	477 O'Farrell St. SF, CA 94102 771-2708	Full. Call in Jan. '93 for an application update.
PRESIDIO GATE APARTMENTS Catherine Hoffman, Manager	2770 Lombard St. SF, CA 94123 567-1050	Full. Call to get on mailing list.
ROYAL ADAH ARMS APARTMENTS Barbara Johnson, Manager	1240 Fillmore St. SF, CA 94115 567-3840	Full. Call for a periodic update.
SAN LORENZO RUIZ CENTER (previously named DIMAS ALANG HOUSE) John Garcia, Manager	50 Rizal St. SF, CA 94107 495-5007	Full. Accepting applications for Special Preference Seniors (*). Takes Section 8.
SILVERCREST RESIDENCE Mr. Lance, Manager	133 Shipley St. SF, CA 94107 543-5381	Full. Accepting emergency applications only, from Federal and City agencies.
SUTTER APARTMENTS Marie Lucia, Manager	1480 Sutter St. SF, CA 94109 441-4909	Full. Call Jan. 1993 for update.
VINCENTIAN VILLA Georgette Elizalde, Mgr.	1825 Mission St. SF, CA 94103 621-5305	Full. Accepting applications. Apply in person.
WESTERN PARK APARTMENTS Zachariah White, Manager	1280 Laguna St. SF, CA 94115 922-5436	Full. Call quarterly for an application update.
WHARF PLAZA I AND II Francine Goldstein	150 Francisco St. SF, CA 94133 362-3395	Full. Applications for Special Preference Seniors (*) only. Call for periodic update.
WOOLF HOUSE I AND II Jill Davis, Manager	801 Howard St. SF, CA 94103 981-2165	Full. Call for a periodic update. Will take wheelchair applications now.
YMCA SENIOR APARTMENTS, INC. Cecilia Katz, Manager	940 Powell St. SF, CA 94108 397-6886	Full. Call for a periodic update.



<i>Local Contact: District Director of AARP</i>		
<p><i>Donald Michalaska 1412 Wawona Street San Francisco, CA 94116</i></p> <p><i>(415) 661-3319</i></p>		
<i>CHAPTER MEETINGS</i>	<i>PRESIDENT</i>	<i>TELEPHONE</i>
<i>San Francisco Chapter #99 Odd Fellows Bldg. 26 - 7th Street 1st Friday, 10:30 a.m.</i>	<i>Ms. Isabell Evers</i>	<i>584-9501</i>
<i>Southwest Chapter #1638 Corpus Christi Church 62 Santa Rosa Avenue 2nd Tuesday, 10:00 a.m.</i>	<i>Mrs. Mildred Bencharski</i>	<i>587-4267</i>
<i>San Francisco Ingleside Chapter # 2155 Presbyterian Church 1345 Ocean Avenue 2nd Wednesday, 11:00 a.m.</i>	<i>Ms. Louise Galdieri</i>	<i>587-7096</i>
<i>Pacific Heights Chapter # 2429 Old First Presbyterian Church 1751 Sacramento St. 2nd Tuesday, 1:15 p.m.</i>	<i>Ms. Doris Bebb</i>	<i>387-3551</i>
<i>Sunset Chapter # 2822 Giannini School 3151 Ortega Street 3rd Saturday, 10:00 a.m.</i>	<i>Ms. Louise Sauarces</i>	<i>731-6840</i>
<i>San Francisco Lake Merced Chapter # 2868 Lakeshore School 220 Middlefield Drive 2nd Saturday, 12:30 p.m.</i>	<i>Mrs. Donald L. Michalaska</i>	<i>661-3319</i>

*National: AMERICAN ASSOCIATION OF RETIRED PERSONS  
601 "E" Street, N.W.  
Washington, D.C. 20045 (202) 434-2277*

8/93

**SAN FRANCISCO COMMISSION ON THE AGING**

**SENIOR INFORMATION AND REFERRAL**

**List of Lists**

<b>Request (✓)</b>	<b>Title of List/Document</b>	<b>Date</b>
	ADULT DAY HEALTH CENTERS	07/95
	AGENCY PROFILE	02/96
	AARP CHAPTERS	04/95
	CAREGIVER SUPPORT	05/95
	EMPLOYMENT AGENCIES	07/95
	(Now that I'm a senior ... are there any) FINANCIAL BENEFITS? (pending)	
	GERIATRIC CASE MANAGEMENT	09/95
	GOLD CARD MERCHANT DIRECTORY	10/92
	GOLD CARD MERCHANT DIRECTORY ADDENDUM	06/95
	GRIEF-RELATED SUPPORT SERVICES	07/95
	HOUSING	07/95
	HOUSING (CONSUMER TIPS ON)	07/92
	IN-HOME SUPPORT	06/95
	INFORMATION AND REFERRAL #'S (Bay Area Counties)	09/95
	LIST OF LISTS	02/96
	NUTRITION SITES	08/95
	OPTIONS FOR SENIORS: Other Things to Do in SF (pending)	
	PUBLIC SPEAKERS (On Senior Issues)	07/95

	RESIDENTIAL HOTELS	12/95
	RESPITE	07/95
	RETIREMENT HOMES	06/95
	SENIOR CENTERS & CLUBS	07/95
	SENIOR MINI-DIRECTORY (Chinese)	09/95
	SENIOR MINI-DIRECTORY (English)	06/95
	SENIOR MINI-DIRECTORY (Spanish)	03/94
	SERVICES FOR THE HOMEBOUND *	07/95
	SKILLED NURSING FACILITIES	10/95
	WEEKEND GUIDE FOR SENIORS (pending)	
	WHEELCHAIR ACCESSIBLE HOUSING (pending)	

Senior Information and Referral is pleased to make these lists available to the public. Should you like any of these materials please send a copy of this list (with check marks) to:

**San Francisco Commission on the Aging  
Senior Information and Referral  
25 Van Ness Avenue, Suite 650  
San Francisco, CA 94102**

(415) 626-1033

The lists are limited to one copy each and they are available at no charge with one exception: (\*) Services for the Homebound is free to homebound clients and available to agencies for \$4.00 (payable to the SF Commission on the Aging).

Your name and address: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Update: 02/96

**SAN FRANCISCO COMMISSION ON THE AGING**

**SENIOR INFORMATION AND REFERRAL**

**List of Lists**

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	ADULT DAY HEALTH CENTERS	07/95
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	(Now that I'm a senior ... are there any) FINANCIAL BENEFITS? (pending)	
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	GOLD CARD MERCHANT DIRECTORY	10/92
	GOLD CARD MERCHANT DIRECTORY ADDENDUM	06/95
	GRIEF-RELATED SUPPORT SERVICES	07/95
	HOUSING	07/95
	HOUSING (CONSUMER TIPS ON)	07/92
	IN-HOME SUPPORT	06/95
	INFORMATION AND REFERRAL #'S (Bay Area Counties)	09/95
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(415) 626-1033

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Your name and address: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Update: 02/96

COPY

COPY

COPY

IN-HOME SUPPORT SERVICE LIST

UPDATED: APRIL 1991

NOTE: THIS LISTING OF RESOURCES IS INFORMATIONAL ONLY  
AND IS NOT AN ENDORSEMENT OF SERVICES OR PERSONNEL  
BY THE OFFICE OF SENIOR INFORMATION, REFERRAL AND HEALTH PROMOTION

DISTRIBUTED BY

SAN FRANCISCO COMMISSION ON THE AGING

SENIOR INFORMATION AND REFERRAL  
1182 Market Street, Rm. 320  
San Francisco, CA 94102

TELEPHONE NUMBER: (415) 626-1033

IN-HOME SUPPORT SERVICE LIST

NAME, ADDRESS, PHONE NO. DAYS & HOURS AVAILABLE	SERVICE AVAILABLE	LIVE-IN AVAILABLE	LANGUAGE	AREA SERVED	BONDED & INSURED	SOURCE OF PAYMENT
AMERICAN NURSING RESOURCE 801 Lincoln Way San Francisco, CA 94122 753-6005 Mon. to Fri. 8:30-5:30 24-hour service	-Home Health Aide -Part Time Care -Nursing care -Certified Nurse's Aide -R.N. available -Social Service -Respite Care	Yes	Spanish English	San Francisco Daly City	Yes	Workmen's Comp. Direct Pay
ARRIBA JUNTOS CENTER 2017 Mission St., 2nd Fl. San Francisco, CA 94110 863-9307 Mon.to Fri. 8:30-5:00	-Home Health Aide -Homemaker	Yes On Occasion	English Spanish	San Francisco	Screened only	Direct pay to employee
AUNT ANN'S AGENCY 760 Market St., Ste. 539 San Francisco, CA 94102 421-8442 Mon. to Fri. 8:30-5:00 24-hour service 7-days/week	-Home Health Aide -Homemaker -Certified Nurse's Aide -Respite Care -Cook -Driver -Domestic Work	Yes	English Spanish Tagalog Chinese German French Italian	Bay Area	Yes	Direct pay Patient Billing

NAME, ADDRESS, PHONE NO. DAYS & HOURS AVAILABLE	SERVICE AVAILABLE	LIVE-IN AVAILABLE	LANGUAGE	AREA SERVED	BONDED & INSURED	SOURCE OF PAYMENT
BRISTOL HARAN AGENCY 1212 Broadway, Rm 540 San Francisco, CA 94612 775-9100 Mon-Sun, 7 AM - 7 PM	-R.N. available -Certified Nurse's Aide -Licensed Vocational Nurse -Home Health Aide	Yes	English	San Francisco Marin County Oakland Berkeley	Yes	Direct Pay
CAREPOINT NURSING SERVICE 1390 Market Street #901 San Francisco, CA 94102 553-8083 Mon-Fri, 8am - 5pm 24 hr service, 7 days/wk	-Registered Nurse -LVN -Certified Nurse's Aide -Home Health Aide -Respite Care -Homemaker	Yes	English Chinese	San Francisco	Yes	Private pay Insurance Worker's Comp. Will be taking Medi-Cal & Medicare in the future.
CATHOLIC CHARITIES 1049 Market Street San Francisco, CA 94103 864-7400 Mon-Fri, 9:00-5:00	-Homemaker	None	English Spanish Tagalog	San Francisco	Screened only	Direct pay to Employee
CHS HOME HEALTH AGENCY 399 Buena Vista East San Francisco, CA 94117 621-4562 Mon-Fri, 8:30-5:00 24-hour service daily	-RN -Occupational Therapist -Physical Therapist -Speech Therapist -Home Health Aide -Homemaker -Respite care	Yes	English Spanish Polish Tagalog Chinese	San Francisco Marin County So. San Francisco Peninsula Alameda	Yes	Direct Pay MediCal Medicare Insurance Champs Direct billing

NAME, ADDRESS, PHONE NO. DAYS & HOURS AVAILABLE	SERVICE AVAILABLE	LIVE-IN AVAILABLE	LANGUAGE	AREA SERVED	BONDED & INSURED	SOURCE OF PAYMENT
COMPREHENSIVE COMMUNITY HOME HEALTH AND HOSPICE 150 No. Hill Drive, Ste. 20 P.O. Box 358 Brisbane, CA 94005 330-3333 Mon-Fri, 9:00-5:00 24-hr service	-Nurse Care -Personal Care -Physical Therapy -Social Service -Weekend Service -Occupational Therapist -Homemaker -Respite Care	Yes	English Spanish Chinese Tagalog	San Francisco  Northern San Mateo County	Yes	MediCal Workmen's Comp Private Insurance Pt. Billing Medicare Direct Pay
ECONOMIC OPPORTUNITY COUNCIL 70-10th Street San Francisco, CA 94103 863-2121, ext. 361	-Homemaker	Yes, on occasion	English Spanish	San Francisco	Screened only	Direct Pay
GAYLE DANZ HOME CARE 4630 Geary Blvd. San Francisco, CA 94118 221-2405 Mon-Fri, 8:30 - 5:30 24 hr service (on call)	-Registered Nurse -LVN -Home Health Aide -Personal Care -Certified Nursing Attendant -Companion -Respite Care -Weekend & 24 hr care	Yes	English Spanish Tagalog Chinese	San Francisco/ Oakland Bay Area	Yes	Worker's Comp. Direct Pay Insurance
HELP AT HOME PROGRAM 1600 Scott Street San Francisco, CA 94115 561-1256 Mon-Fri, 8:30 - 5:00	-Home Care -Housecleaning -Culinary Service -Laundry Service -Certified Nursing Attendant	Yes	English Tagalog	San Francisco	Screened only	Direct Pay, plus placement fee

NAME, ADDRESS, PHONE NO. DAYS & HOURS AVAILABLE	SERVICE AVAILABLE	LIVE-IN AVAILABLE	LANGUAGE	AREA SERVED	BONDED & INSURED	SOURCE OF PAYMENT
HOME SWEET HOME 3169 Sacramento San Francisco, CA 94115 751-1737 Mon-Fri, 8:30 - 5:00	See Brochure	Yes	English	San Francisco and Bay Area	Yes	Direct pay to worker, plus agency fee
HERE'S HELP INC. 3251 Sacramento Street San Francisco, CA 94115 931-4357 Mon-Thur, 9:00-5:30 Mon-Fri, 9:00-5:00	-Home Health Aide -Homemaker -Companion -Cooks -Drivers -Respite Care	Yes	English Spanish French Chinese Tagalog Farsi	San Francisco  Bay Area	Agency only	Direct Pay to worker plus agency fee
INDEPENDENT LIVING RESOURCE Center of San Francisco 70 - 10th Street San Francisco, CA 94103 863-0581 Mon-Fri, 9:00-5:00	-Homemaker -Home Health Aide	No	English	San Francisco	Screened only	Direct pay
JEWISH FAMILY & CHILDREN'S SVCS Home Care Division 1600 Scott Street San Francisco, CA 94115 567-8860 Mon-Fri, 8:30-5:00	-Home Health Aide -Homemaker (Jewish clients only)	Yes, when available	Farsi English Yiddish Russian French German Polish Tagalog	San Francisco	Screened only	Direct pay to worker
KAISER FAMILY SERVICE Home Care 2280 Geary Boulevard San Francisco, CA 94115 929-4919 Mon-Fri, 8:30-5:00	-RN, PT, OT -Speech Therapy -Home Aides -Social Worker -Doctor must be on Kaiser staff to refer patients	No	English Spanish Chinese Tagalog	San Francisco	Yes	Kaiser Plan Insurance Medicare

NAME, ADDRESS, PHONE NO. DAYS & HOURS AVAILABLE	SERVICE AVAILABLE	LIVE-IN AVAILABLE	LANGUAGE	AREA SERVED	BONDED & INSURED	SOURCE OF PAYMENT
KIMBERLY QUALITY CARE 717 Market Street #417 San Francisco, CA 94103 957-9933 Mon-Fri, 8:00-5:00 24-hour service everyday	-Psychiatric Aide Tech. -RN -Physical Therapist -Occupational Therapist -Speech Therapist -Homemaker -Nurse Aide -Home Health Aide	Yes	English Tagalog Chinese Spanish French Sign Language	San Francisco Marin East Bay	Yes	Direct Pay Insurance
MEDICAL PERSONAL POOL 1725 Clay Street, #100 San Francisco, CA 94109 673-7500 Mon-Fri, 8:00-5:00 24-hour Service every day	-RN -LVN -Nurse Aide -Home Health Aide -Homemaker -Respite Care	Yes	English Spanish French Greek	San Francisco Bay Area	Yes	Direct Pay Insurance
MEYER CARE 412 Redhill Avenue #14 San Anselmo, CA 94960 453-7722 Mon-Fri, 8:30-5:30 24-hour service every day	-RN -LVN -LPN -Home Health Aide -Certified Home Health Asst -Some Respite Care	Yes	English Chinese Filipino Spanish	San Francisco Marin	Yes	Direct Pay
MT. ZION HOSPITAL AND MEDICAL CENTER Mt. Zion & UCSF Home Care P.O. Box 7921 San Francisco, CA 94120 885-7572 Mon-Fri, 8:00-5:00 24-hr service every day	-Physical Therapist -Occupational Therapist -Speech Therapist -Medical Social Worker -Home Health Aide -Public Health Nurse -Patient needs to be in care of lic. doctor	No	English Tagalog Cantonese Italian Spanish Russian	San Francisco Daly City So. San Francisco San Mateo Marin	Screened Only	MediCal Medicare Direct Pay Insurance

NAME, ADDRESS, PHONE NO. DAYS & HOURS AVAILABLE	SERVICE AVAILABLE	LIVE-IN AVAILABLE	LANGUAGE	AREA SERVED	BONDED & INSURED	SOURCE OF PAYMENT
NATIONAL HOME CARE SYSTEM 1453 Mission St. 4th Fl. San Francisco, CA 94103 863-2474 Mon-Fri, 8:00-5:00	-Homemaker -Home Health Aide	No	English Spanish Tagalog	San Francisco only	Screened only	MediCal contract - All case referred by DSS
OLSTEN HEALTH CARE 870 Market Street, #605 San Francisco, CA 94102 956-8773 Mon-Fri, 8:00-5:00 24-hour service every day	-RN -LVN -Home Health Aide -Homemaker -Respite Care	Yes	English Chinese Spanish Tagalog	San Francisco Bay Area	Yes	Direct Pay Insurance
OPTIONS DOMESTICS Referral Service 3543-18th Street San Francisco, CA 94110 626-2128 Mon-Thur, 10:00-5:00	-Homemaker -Home Health Aide	Yes, on occasion	English Spanish	San Francisco	Screened only	Direct Pay
PERSONAL CARE HEALTH SERVICE 601 Gateway Blvd. #200 So. San Francisco, CA 94080 875-6600 Mon-Fri, 8:30-5:30 24-hour service every day	-RN; LVN -Homemaker; Home Health Aide; Companion -Medical Social Worker -Speech Therapist -Physical Therapist -Occupational Therapist -Respite Care	Yes	English	San Francisco Marin County  Bay Area	Yes	MediCal Medicare Direct Pay Insurance Senior Discount

NAME, ADDRESS, PHONE NO. DAYS & HOURS AVAILABLE	SERVICE AVAILABLE	LIVE-IN AVAILABLE	LANGUAGE	AREA SERVED	BONDED & INSURED	SOURCE OF PAYMENT
PHYSICIANS HOME CARE PROGRAM Davies Medical Center 45 Castro Street San Francisco, CA 94114 565-6779, Beeper 14 or 49 Mon-Fri, 8:00-5:00	-RN -Home Health Aide -Physical Therapist -Occupational Therapist -Speech Therapist -Doctor needs to be on staff	No	English Spanish	San Francisco	Insured only	Direct Pay Insurance
PROFESSIONAL NURSES BUREAU 1375 Sutter Street, #412 San Francisco, CA 94109 474-4719 Mon-Fri, 5:00 AM - 12:30 PM 24-hours service every day	-RN -LVN -Certified Nurse Aide -Respite Care -Homemaker -Home Health Aide	Yes	English Chinese Spanish	San Francisco Alameda Marin County Sonoma County	Yes	Direct Pay Insurance
SAN FRANCISCO DEPARTMENT OF SOCIAL SERVICES 170 Otis Street San Francisco, CA 94103 557-5251 Referrals taken from 8:00-5:00, except between 12 noon - 1:00	-Evaluation by Social Worker to determine how many hours of entitlement	No	English	San Francisco	Screened only	SSI Eligibility or based on assets & income eligibility
S.F. HOME CARE 1390 Market St. #1008 San Francisco, CA 94102 861-0600 Mon-Fri, 8:30-5:00 24-hour service everyday	-RN -LVN -Nurse's Aide	No	English Chinese Spanish Tagalog	Primarily San Francisco	Yes	Insurance Direct Pay

NAME, ADDRESS, PHONE NO. DAYS & HOURS AVAILABLE	SERVICE AVAILABLE	LIVE-IN AVAILABLE	LANGUAGE	AREA SERVED	BONDED & INSURED	SOURCE OF PAYMENT
ST. MARY'S HOME HEALTH CARE 450 Stanyan Street San Francisco, CA 94117 750-5575 Mon-Fri, 8:00-5:00	-RN -Home Health Aide -Physical Therapy -Speech Therapy -Social Service -Occupational Therapist -Weekend Service	No	English	San Francisco	Yes	Medicare MediCal Workmen's Comp Insurance Direct Pay Patient Billing
SELF-HELP FOR THE ELDERLY - HOME CARE UNIT 445 Grant Avenue San Francisco, CA 94018 982-9171 Ext. 41 Mon-Fri, 8:30-5:00	-Home Health Aide -RN -Physical Therapist -Occupational Therapist -Social Worker -Speech Therapist	No	English Cantonese	San Francisco	Yes	MediCal Direct Pay Medicare Insurance
SELF-HELP FOR THE ELDERLY SENIOR EMPLOYMENT TRAINING 445 Grant Avenue San Francisco, CA 94108 982-9171 Ext. 19 Mon-Fri, 8:30-5:00	-Homemaker -Home Health Aide	Yes on occasion	English Cantonese	San Francisco	Screened only	Direct Pay to Agency
SELF-HELP FOR THE ELDERLY IN-HOME EMERGENCY PROGRAM 445 Grant Avenue San Francisco, CA 94108 982-9171, Ext. 41 Mon-Fri, 8:30-5:00	-Homemaker -Home Health Aide	No	English Cantonese	San Francisco	Screened only and supervised	Person must be on SSI MediCal & 60 years and over
STAFF BUILDERS 77 Geary Street San Francisco, CA 94108 391-0123 Mon-Fri, 8:00-4:30 PM 24-hour service everyday	-RN -LVN -Physical Therapist -Occupational Therapist -Home Health Aide -Homemaker -Nurse's Aide -Respite Care	Yes	English Spanish Tagalog Chinese	San Francisco Marin County Bay Area	Yes	Direct Pay Insurance

NAME, ADDRESS, PHONE NO. DAYS & HOURS AVAILABLE	SERVICE AVAILABLE	LIVE-IN AVAILABLE	LANGUAGE	AREA SERVED	BONDED & INSURED	SOURCE OF PAYMENT
STAT NURSING SERVICE 1545 Broadway San Francisco, CA 94109 673-9791 Mon-Fri, 9:00-5:00 24-hour service every day	-RN -LVN -Home Health Aide -Respite Care -Homemaker	Yes, thru the Walnut Creek Office	English	San Francisco Bay Area	Yes	Direct Pay Insurance
UPJOHN HEALTH CARE SERVICE 945 Front Street, #103 San Francisco, CA 94111 956-6222 Mon-Fri, 8:30-5:00 24-hour service every day	-RN -Physical Therapist -Speech Therapist -Medical Social Worker -Dietician -Home Health Aide -Homemaker -Occupational Therapist	Yes	English Chinese Spanish	San Francisco San Mateo	Yes	Direct Pay Medicare Insurance
VISITING NURSES & HOSPICE OF SAN FRANCISCO 1390 Market Street, #510 San Francisco, CA 94103 861-8705 Mon-Fri, 8:30-5:30 7 days a week	-RN -Physical Therapist -Occupational Therapist -Speech Pathologist -Social Worker -Home Health Aide -Hospice Care	Yes on occasion	English Chinese Spanish Tagalog	San Francisco Northern San Mateo County	Yes	MediCal Medicare Insurance Direct Pay Patient Direct Pay
WESTERN MEDICAL SERVICES 2886 Geary Street, #207 San Francisco, CA 94118 921-8709 Mon-Fri, 8:30-5:00 24-hour service everyday	-RN -LVN -Nurse Assistant -Home Health Aide -Homemaker	Yes On occasion	English Spanish Chinese Korean Tagalog	San Francisco Bay Area San Mateo Marin County	Yes	Direct Pay Insurance

## GLOSSARY

### REGISTERED NURSE:

A graduate trained nurse who has been licensed by a state authority after passing qualifying examinations for registration. Providing Physician prescribed nursing care, treatment medication administration, instruction and teaching.

### HOME HEALTH AIDE:

Assistance with personal care and activities of daily living. Assist with the patient's personal care, ambulation and other needs as indicated.

### MEDICAL SOCIAL WORKER:

Provides supporting counseling, plans alternative living arrangements, assists with referral services and linkage to community resources. Evaluation of home needs and coordination of community services.

### PHYSICAL THERAPIST

Provides specialized treatment to restore function, relieve pain and re-educate muscles to increase the patient's mobility strength, endurance, and balance.

### OCCUPATIONAL THERAPIST:

Teaches and re-educates patients on methods to improve and or cope with disabilities that hamper their ability to provide their own personal care.

### DIETICIAN:

Assists patients with special diets, nutritional care, and dietary counseling.

### SPEECH THERAPIST:

Gives instruction and treatment to patients with speech and language disorders.

### HOMEMAKER:

One who manages a household. Assistance to help the family unit function when a family member is incapacitated, ill or absent.

### NURSE'S AIDE:

A worker who assists trained nurses in a hospital by performing non-specialized services (as giving baths).

### LICENSED PRACTICAL NURSE:

A nurse who cares for the sick professionally without having the training or experience required of a registered nurse.

## CONSUMER TIPS ON HIRING IN-HOME SUPPORT SERVICES

1. Before calling for assistance write down a list of of duties you need help with.
2. Check with as many in-home support agencies because prices and care may vary.
3. If you are hiring through an agency and you have checked with at least three, call the Better Business Bureau and check to see whether any complaints have been lodged against the agency you are thinking of using.
4. Make contract that includes the duties to be performed, non-acceptable behavior, your name and the employee's name, salary, work hours, days, and date of contract.
5. When you interview the potential employee have a sample contract for applicant to read.
6. If possible, have someone else there with you to help you with interview. Afterwards each of you write down your impressions and then discuss and compare.
7. Prepare a list of duties to be performed each day.
8. Make sure you get the receipts for all purchases made on your behalf.
9. Avoid Problems: Don't attempt anyone - put money and valuables in a safe place.

### Possible questions to ask when hiring someone for in-home care from an agency

- How long has the in-home support person worked for the Agency?
- Where have they worked before?
- Does the in-home support person have references either by phone or in writing?
- How much per hour?
- How much does the agency charge?
- Is there a minimum number of hours required?
- Is the in-home agency and employee bonded and insured? Who is liable and responsible if anything is stolen or if the person is involved in an accident in your home?
- Is there back-up help provided if an in-home support person does not come in?
- Will Medicare or MediCal cover the in-home support service?
- Does the in-home person provide transportation? Do they have a car?
- Is the in-home person supervised by the agency?
- How is the service terminated?
- Is the person trained to performed required duties?

Questions to ask when hiring someone on your own

- Where have you worked before? How long?
- What kinds of things did you do?
- How do you feel about caring for an elderly or disabled person?
- Why are you choosing to do this kind of work?
- What is your attitude about smoking, drinking, or using drugs?
- Is there anything in the job description which you would not do? Will you be able to tell me if you are displeased with some of your duties and responsibilities?
- What commitment to staying on this job are you willing to make?
- Will I be able to depend on you: Are you punctual?
- Will you be able to give a day's notice if you are unable to work?
- Are there any other responsibilities that might prevent you from working for me?
- Ask for some work-related references and a personal one.



# Senior Information, Referral and Health Promotion



Are you an older adult, or do you know someone who is?

Do you want to know about

HEALTH CARE • HOUSING • EMPLOYMENT • TRANSPORTATION  
FINANCIAL ASSISTANCE • LEGAL SERVICES • RECREATION

and other topics related to seniors?

we can help you locate the services you need

Other services by appointment:

BLOOD PRESSURE SCREENING • COLO-RECTAL SCREENING

Office Hours: Monday to Friday, 8:00 a.m. to 5:00 p.m.

Senior Telephone News Line

552-6016

Senior Information

1182 Market St., Rm. 212, S.F.

626-1033



626-1033

24 hour

telephone service  
and Elder Abuse Hot Line

San Francisco Department of Public Health

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