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# SPECIAL TOPICS

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## OLD DOESN'T MEAN STAGNANT: INNOVATIVE APPROACHES TO SERVING THE ELDERLY.

You can't deny it, lie about it, or hide the fact - you're getting old! We all are. From the minute we're born we begin to age, until one day we find ourselves part of the nation's elderly population.

The elderly, just like the rest of us, have needs. And although some of the programs and services designed to meet those needs seem as old as time itself, others are being provided in ways our grandparents never dreamed of. Most of the articles cited below focus on innovative or alternative approaches to providing services to the elderly. The programs described are not necessarily ideal models, but they are food for thought.

Information about obtaining these materials follows the list of publications. Some of the items cited are reference materials and must be used in the Library. To make it easy for state employees to request circulating items from the Library, we have provided a convenient order form which we encourage you to use. We also encourage you to share this bibliography with your colleagues, so you may want to photocopy the form for your own order before you pass it on. Libraries should continue to place their requests using standard Interlibrary Loan forms and procedures; when borrowing from the State Library, requests should include list number and item number.

Compiled by Kathleen Low

1. The Age Old Question, by Barbara Kallen. In Forbes, vol. 138, no. 11 (November 17, 1986), pp. 244-246.

"The good news here is that there are more lifestyle options for the elderly than ever before ..."

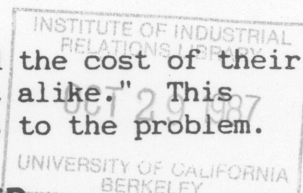
2. The Age-old Question, by Walter Blum. In California Living Magazine, (February 3, 1985), pp. 10-13. (CALIFORNIA SECTION)

Discusses options for the elderly in the San Francisco Bay Area.

3. The Aging of California, by Barbara Brody and Harold J. Simon. In Golden State Report, (May 1987), pp. 37-40.

"Californians are living longer than ever before, and the cost of their care is a growing problem for families and government alike." This article provides an analysis of alternative solutions to the problem.

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4. A Bridge Between Hospital and Home, by Lou Anne Poppleton and Reba Cornman.  
In Aging, no. 355 (1987), pp. 12-13.  
(GOVT. PUBS. SECT. HE23.3110 no. 355)

"Meridian Home Health Services in Baltimore, Maryland has set up 'Halfway to Health' a residence ... to provide a place for older people discharged from the hospital to regain their strength before going home."

5. Bridging the Gaps: Nontraditional Services for the Elderly, by Elizabeth Hays (California Association of Homes for the Aging, Sacramento, California), 1983, 75 p. (GEN HV 1468 C2 H39 1983)

"The program models chosen range from simple, such as adopted grandparents and satellite markets, to complex, including case management and geripsychiatric residential programs."

6. Business Helps the Elderly. In Futurist, vol. 21, no. 2 (March/April 1987), p. 53.

"A power company has found a way to help the increasing numbers of older people who live in isolation and poverty. The company has developed an innovative program...to watch out for vulnerable elderly people in their community."

7. Day Care Centers for the Elderly: a Bibliography, by Mary Vance (Vance Bibliographies, Monticello, Illinois), July 1987, 9 p. Public Administration Series: Bibliography P 2211.  
(REF. SECT. Z 7164 A2 P78 OFFICE)

8. Day Care for the Elderly. In The Guide to Management Improvement Projects in Local Government, vol. 11, no. 1 (1987), entry # LHS-1.  
(REFERENCE CENTER - TABLE 1)

Brief information about the City of Chesapeake's (Virginia) Geriatric Day Care Program, including contact person.

9. Delivering In-Home Services to the Aged and Disabled: the Wisconsin Experiment, by Frederick Seidl, Robert Applebaum and others (Lexington Books, Lexington, Massachusetts), 1983, 197 p.  
(GEN RA 645.36 W6 D44 1983)

"A demonstration project, known as the Wisconsin Community Care Organization...sought to demonstrate working models of home-delivered services to elderly and adult disabled residents of the state."

10. Development of Innovative Health Services for the Frail Elderly: a comparison of Programs in Edinburg, Scotland, and Rochester, New York, by William H. Barker. In Home Health Care Services Quarterly, vol. 5, no. 3/4 (Fall 1984/Winter 84/85), pp. 67-88.

"This paper delineates a model of health services for the elderly in industrialized societies and examines innovative developments in these services in recent years..."

11. Eldercare: The Employee Benefit of the 1990s?, by Dana E. Friedman. In Across the Board, vol. 23, no. 6 (June 1986), pp. 45-51.

"Company support for eldercare is likely to become the new pioneering benefit of the 1990s. It will probably happen faster than the corporate response to child care because it is a more acceptable topic."

12. The "Gatekeeper Program": a Model Community Service Project, by James A. Boxall, Jr. In Public Utilities Fortnightly, vol. 119, no. 5 (March 5, 1987), pp. 4-5.

Utilities employees involved in this project provide aid to senior citizens.

13. Health Screening Van Solves Access Problems for Rural Pa. Elderly. In Aging, no. 353 (1986), pp. 32-33.  
(GOVT. PUBS. SECT. HE23.3110 no. 353)

14. Integration of Social and Mental Health Care Services for the Elderly, by Kathleen Coen Buckwalter. In Family and Community Health, vol. 8, no. 4 (February 1986), pp. 1-9.

"This article discusses an approach to the integration of mental health care within existing community services for the elderly in one geographic region: Linn County, Iowa."

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15. Meeting the Special Needs of Elderly Residents, by James DeLisle. In Journal of Property Management, vol. 52, no. 2 (March/April 1987), pp. 52-57.

"The current lack of expertise in managing housing for the elderly is due not to any explicit bias against the elderly, but from the relatively low historical demand for such services."

16. New Families for the Frail Elderly: Adult Foster Care in Franklin County, Mass., by Pat Bradford and Albert Norman. In Aging, no. 354 (1986), pp. 16-18. (GOVT. PUBS. SECT. HE23.3110 no. 353)

"Knowing that families are the greatest resource for providing long-term care to the elderly, the Commonwealth of Massachusetts has found a way to create family supports where none or few existed."

17. Old Friends, by Gael Greene. In New York, vol. 20, no. 2 (January 12, 1987), pp. 10-11.

The article discusses New York City's Meals-on-Wheels program which provides one hot meal each weekday to the home-bound elderly.

18. Retired M.D.'s - a Hidden Goldmine for the Elderly, by Dismas McAuliffe. In Aging, no. 353 (1986), pp. 4-7. (GOVT. PUBS. SECT. HE23.3110 no. 353)

Staffed entirely by retired doctors, nurses, and office personnel at health service facilities, the Senior Friendship Centers in Sarasota, Fort Myers, and Naples, Florida, provide unique service for elderly patients.

19. Rose Finally Unpacked Her Belongings, by Janet B. Kurland and Gail E. J. Lipsitz. In Aging, no. 355 (1987), pp. 6-9. (GOVT. PUBS. SECT. HE23.3110 no. 355)

"Concerned about the needs of tenants who were growing more frail as the years went by, the Campbell Company has been working with Jewish Family Services and the Jewish Community Center to provide supportive services to high-rise residents in a project funded by the administration on Aging (AoA)."

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20. Seniors Train to Serve Seniors, by Scott A. Bass. In Aging, no. 354 (1986), pp. 13-15. (GOVT. PUBS. SECT. HE23.3110 no. 354)

Discusses the University of Massachusetts' Gerontology Program which provides training, a special tuition waiver and an alternative career, for students over 60. "By tapping the capabilities of older individuals, this nation can expand the resources and ideas that it will need to solve the problems of a graying America."

21. A Support Group in a Retirement Home, by Ileana Stone and Michael Koonin. In Aging, no. 352 (1986), pp. 18-19. (GOVT. PUBS. SECT. HE23.3110 no. 352)

"A move into a retirement or nursing home is probably the most traumatic change in a person's lifetime...residents [at St. Paul's Manor in San Diego] can now turn to a professionally-run group where they can let out their sadness or anger in a setting where the 'Chin-up' pretense isn't a requirement."

22. Three Generations of Love, by Nancy Walls. In Aging, no. 355 (1987), pp. 2-5. (GOVT. PUBS. SECT. HE23.3110 no. 355)

This article looks at the merging of the Foster Grandparents and Teenage Parent programs in Wayne and Macomb Counties in Michigan.

23. Visiting Nurse Association Risk Reduction Project, by S. Donna Lind. In Home Health Care Services Quarterly, vol. 7, no. 1 (Spring 1986), pp. 45-58.

"Ongoing monitoring of frail elders may be an effective way to reduce rehospitalization rates. The VNA Risk Reduction Project was a demonstration program designed to test this hypothesis."

24. Who Cares for the Elderly?, by Charles J. Moseley. In Editorial Research Reports, vol. 2, no. 19 (November 21, 1986), pp. 853-872.

Discusses recent trends in home health care for the elderly.